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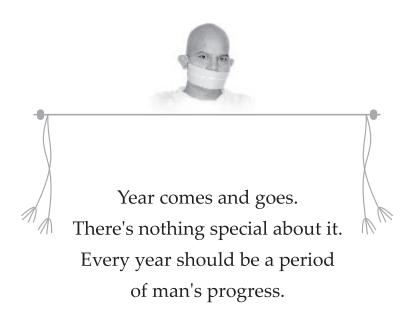


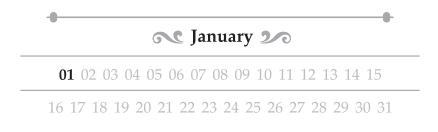
Good thoughts are the base of good conduct and good behaviour. A man should accumulate good thoughts. It is my belief that, with "One advice for each day" the readers will accumulate good thoughts.

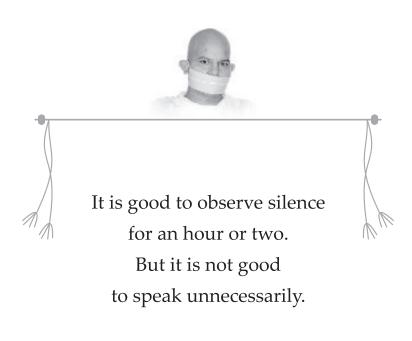
~ Acharya Mahashraman

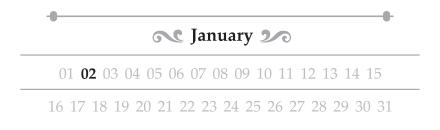




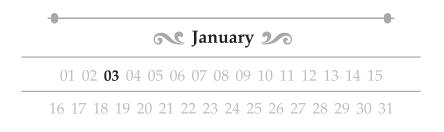


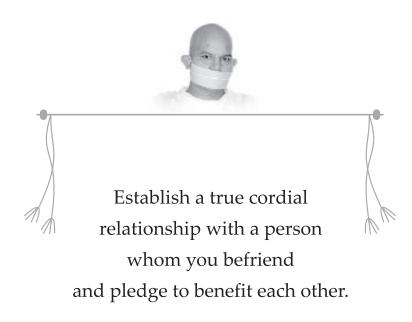






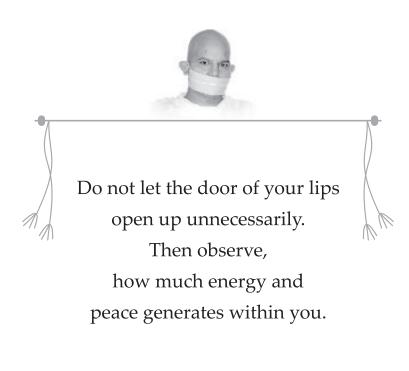




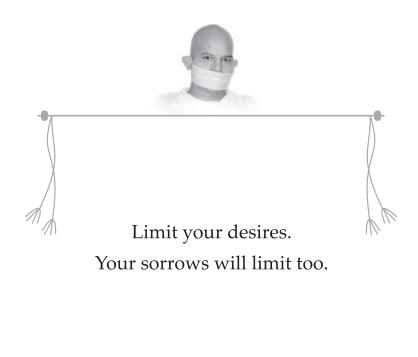


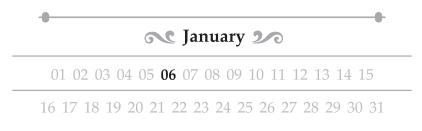
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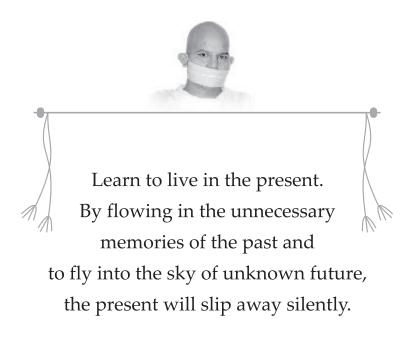
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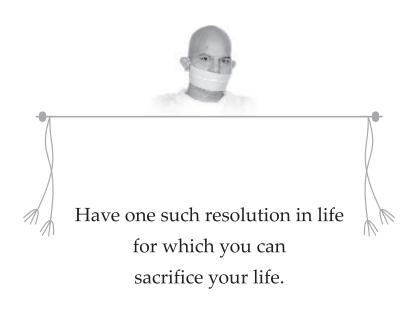
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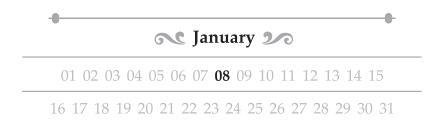


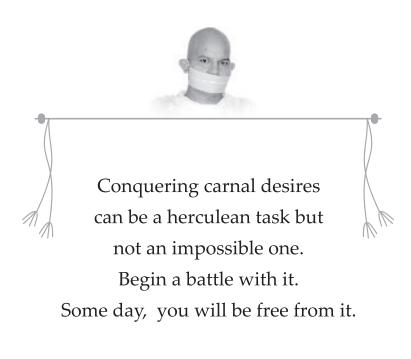




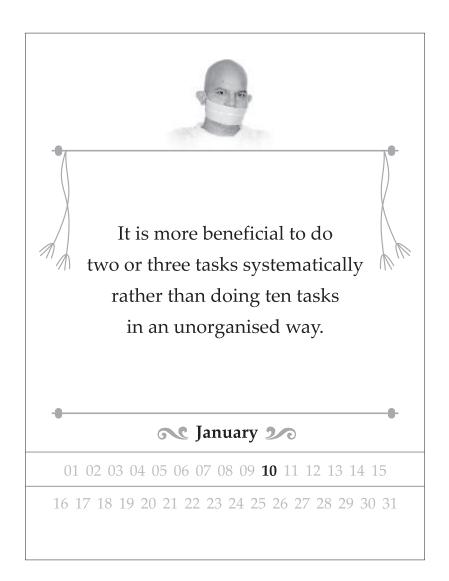
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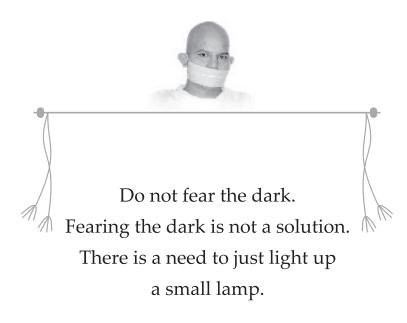
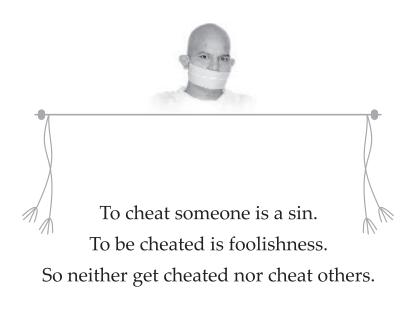
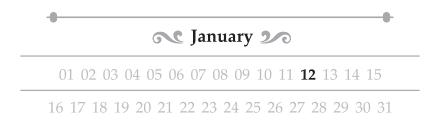


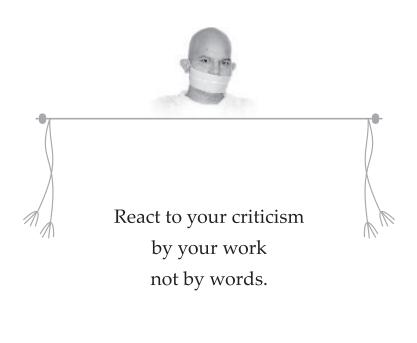
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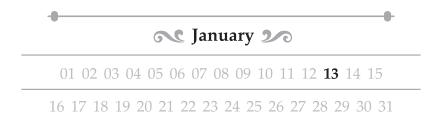
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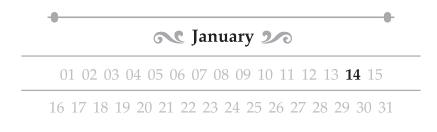


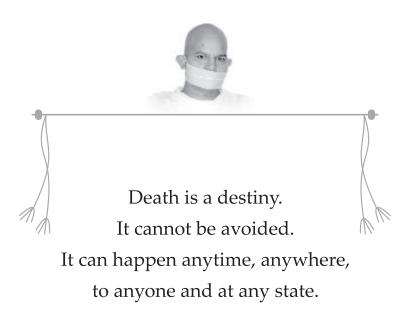


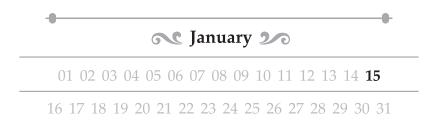


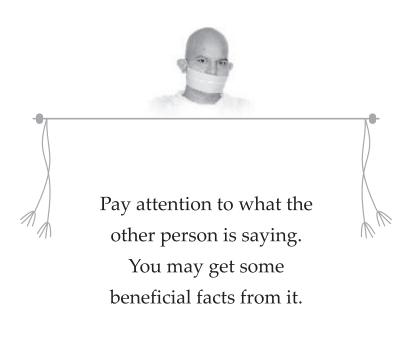




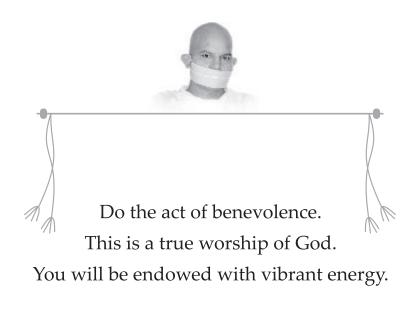


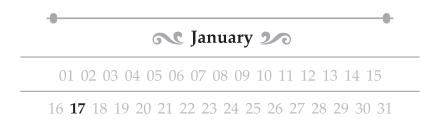


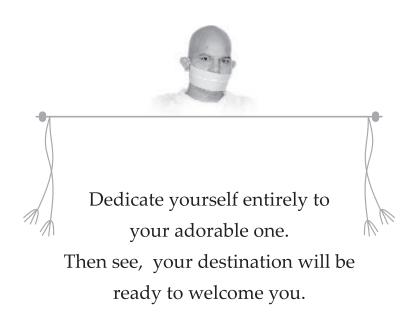


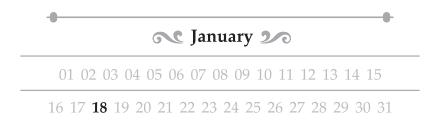


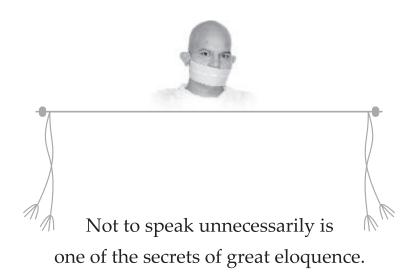
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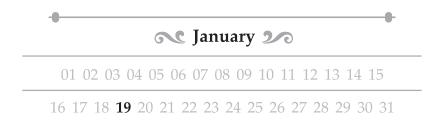


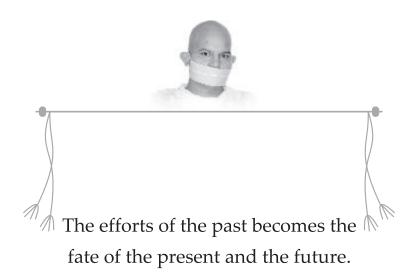


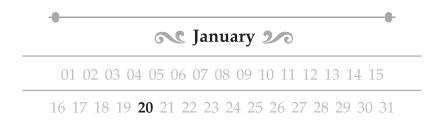


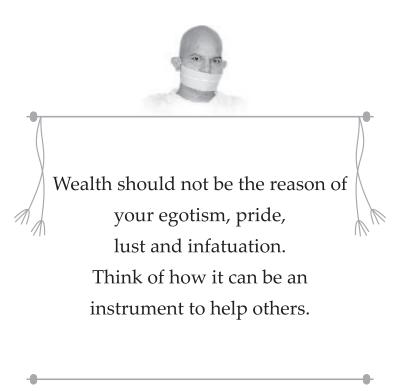












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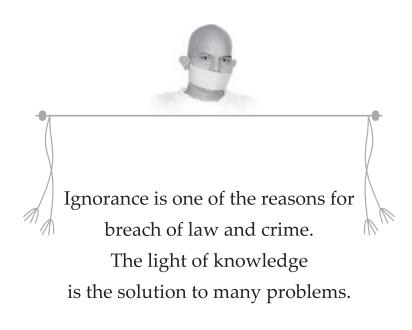
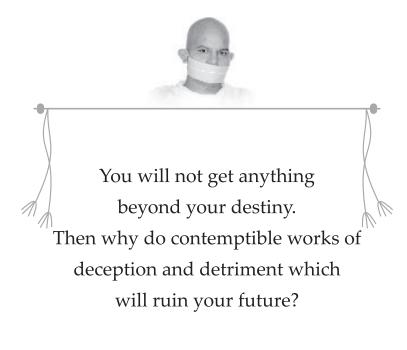


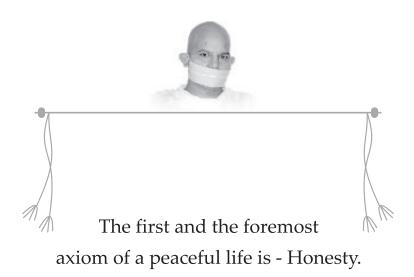
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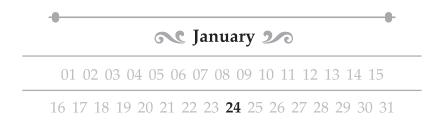
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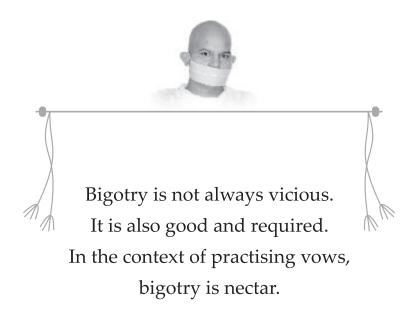
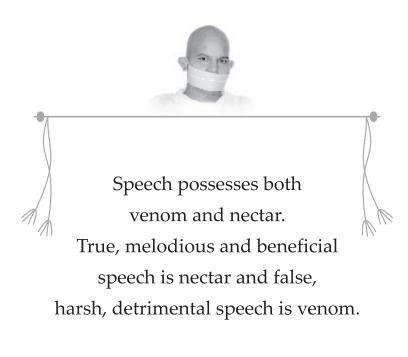
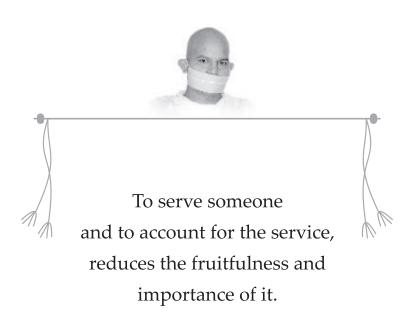
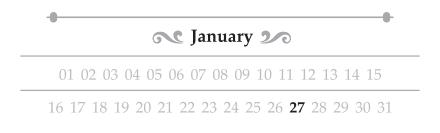


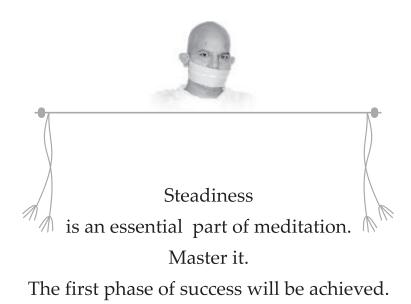
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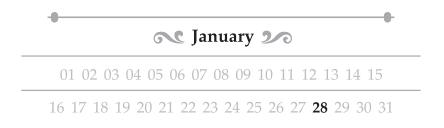


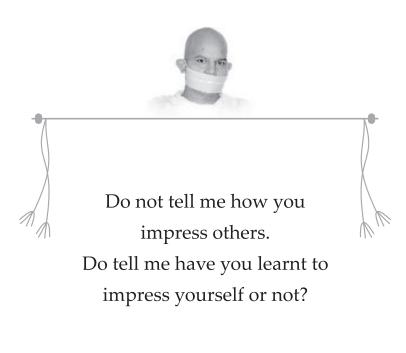
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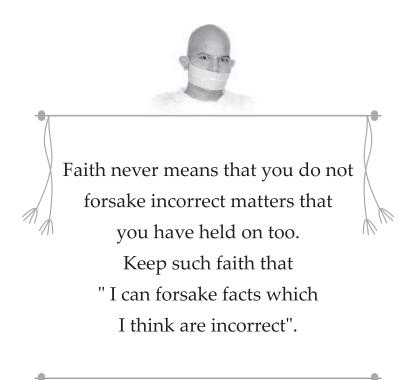




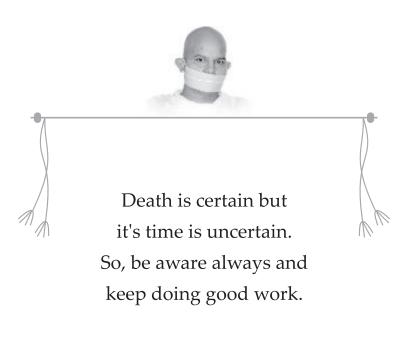




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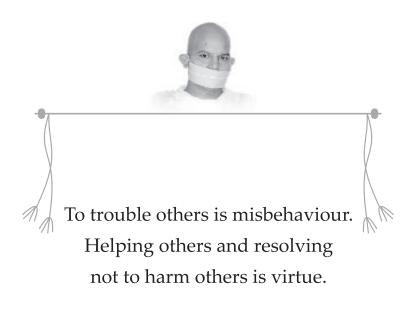


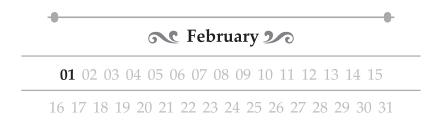
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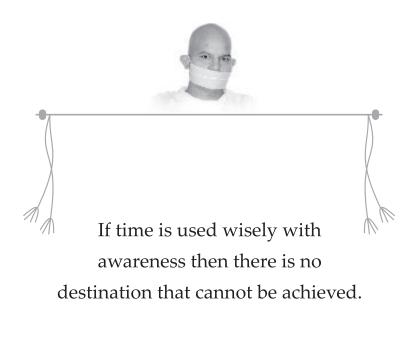


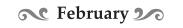
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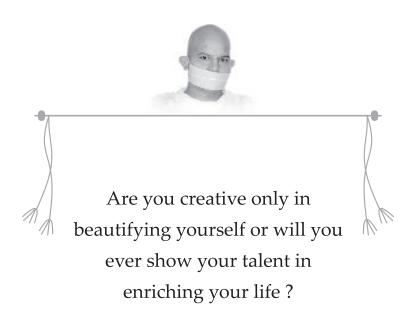


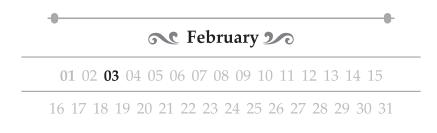




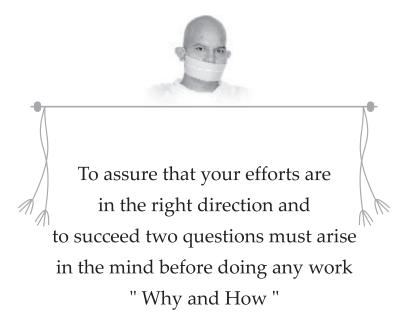


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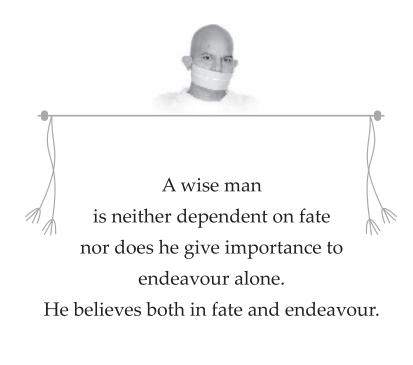




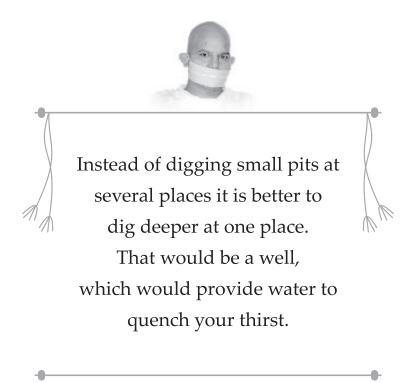
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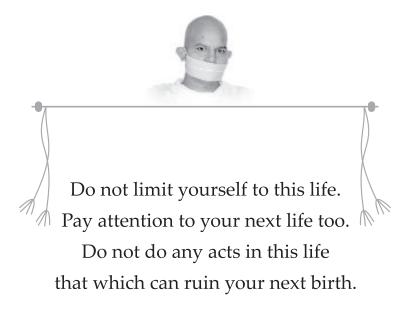
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There are many people in this world who cannot talk properly, are dumb, have vague speech. You possess the strength of good speech. Do not misuse this strength.

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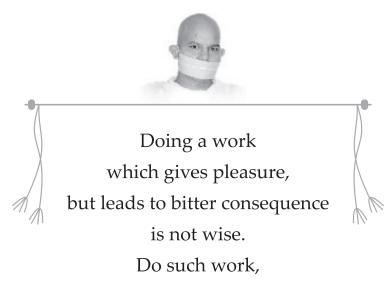
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If you have done a noble deed today, then the day is fruitful. If you have done a misdeed, then the day is mal-fructuous. If you have neither done a noble deed nor a misdeed, then the day is fruitless.

## **Solution** February **2**

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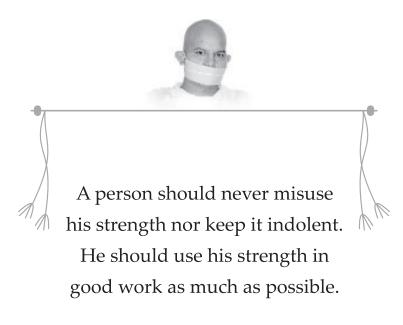


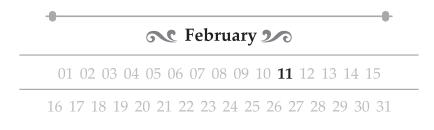
which leads to better consequence though

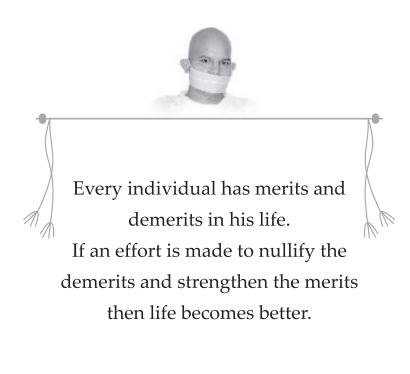
it may seem unpleasant at present.

**February** 200

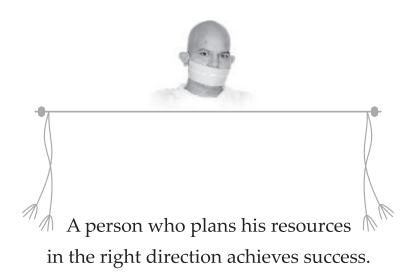
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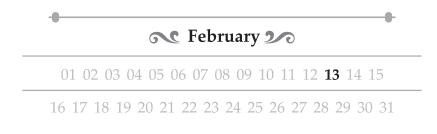


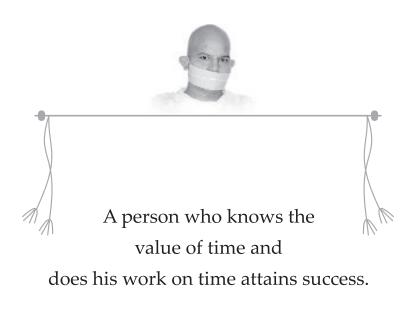


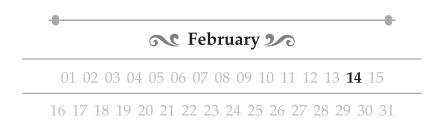


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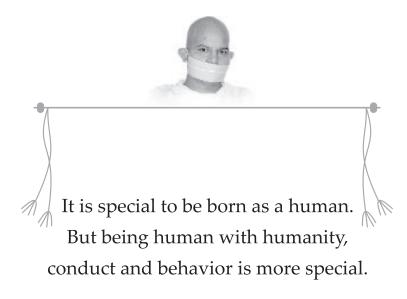


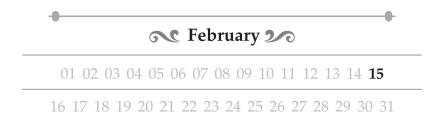


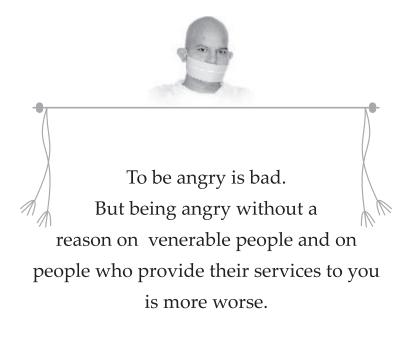


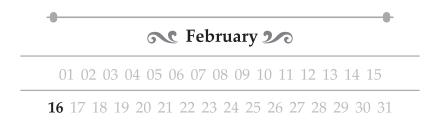


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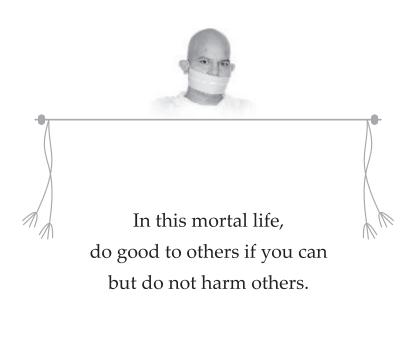


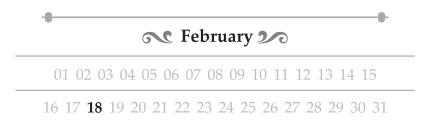


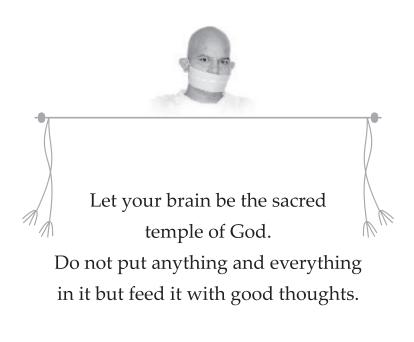
It rains. Person suffering from heat gets relief. Likewise, when a competent person showers compassion and kindness upon an incompetent person, he experiences peace.

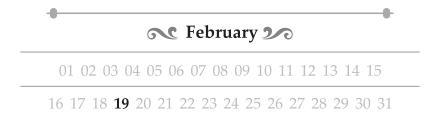
## **Solution** February **2**

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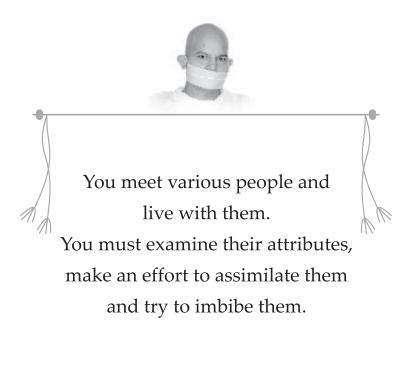


Combine inaction with action. Combine abstinence with activity. Combine restrain with material pleasures. Then experience the bliss you get.

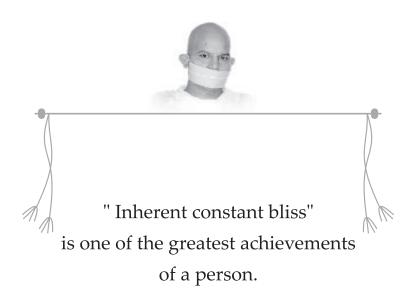
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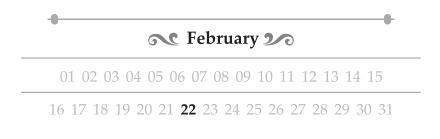
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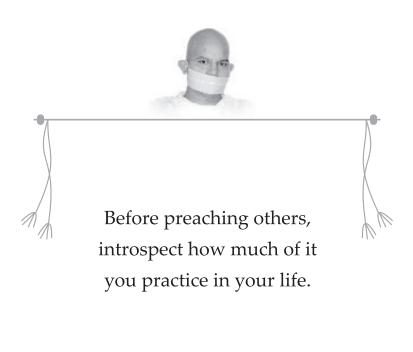
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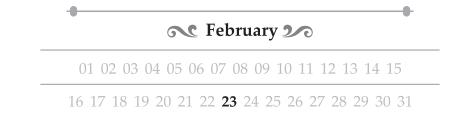


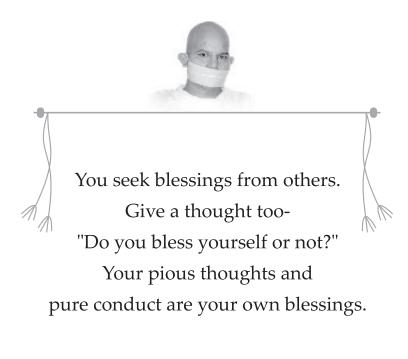




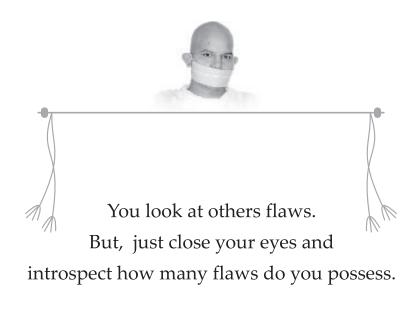


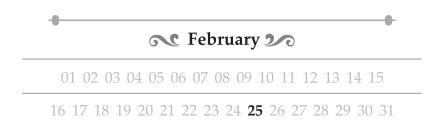






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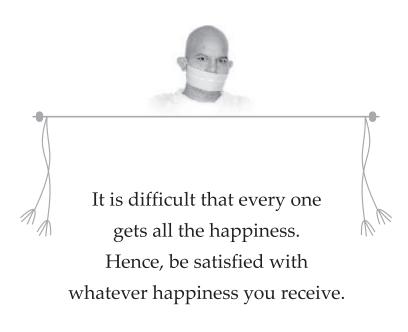




Fondness and capability are distinct. It is not necessary that your dear one should be capable too. So delegate responsibilities to a worthy person though he is not your favourite.

## **Solution** February **2**

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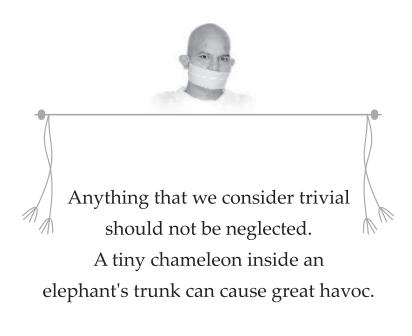


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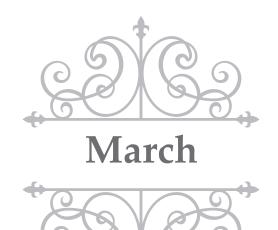
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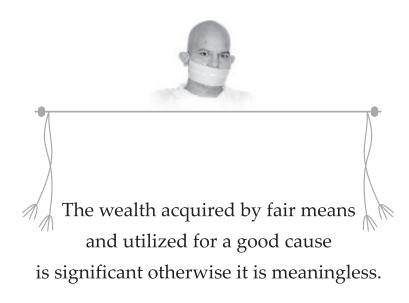
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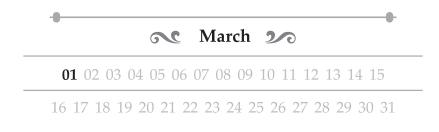
A person whose consciousness moves towards self-perception, spontaneously releases himself from the habit of finding faults with others.

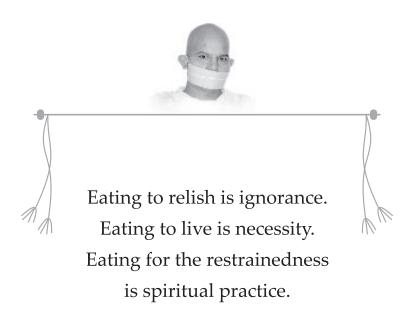
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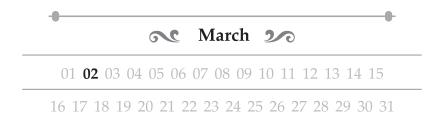
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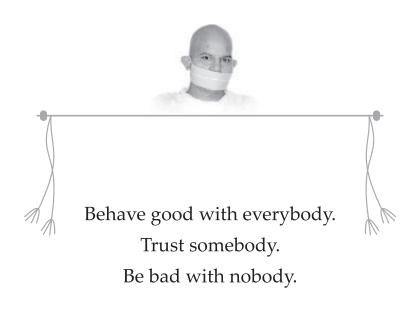


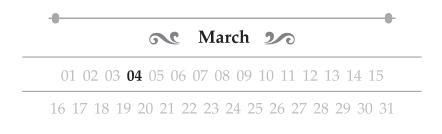
A physical action without the unity of mind is a mere action. An action with the unity of body and mind is mindfulness. Mindfulness is the practice of spirituality.

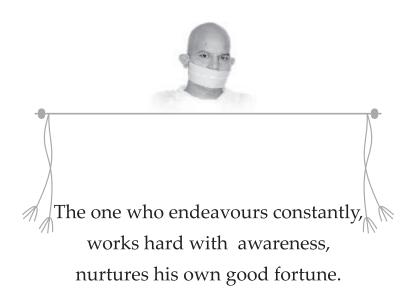
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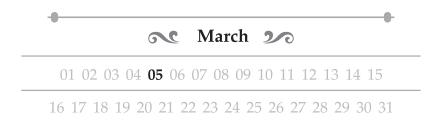
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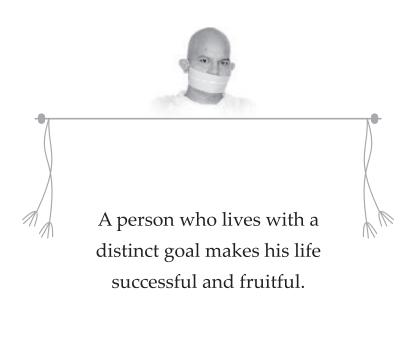
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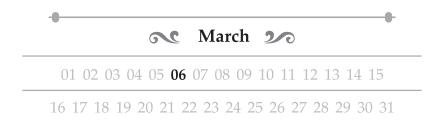


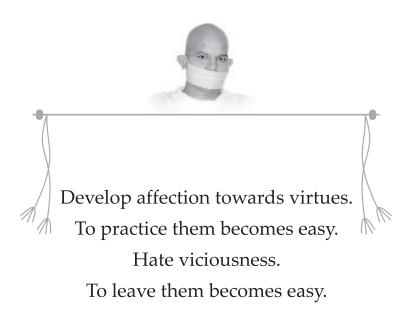


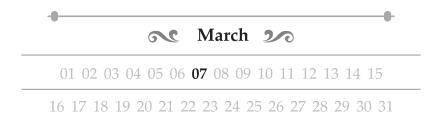


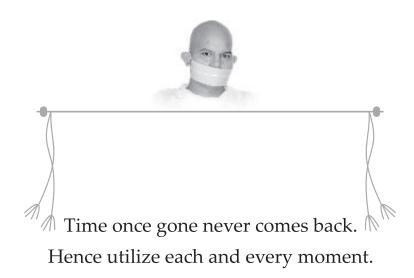


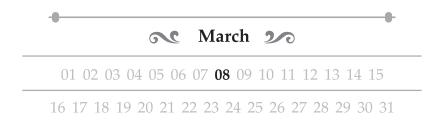


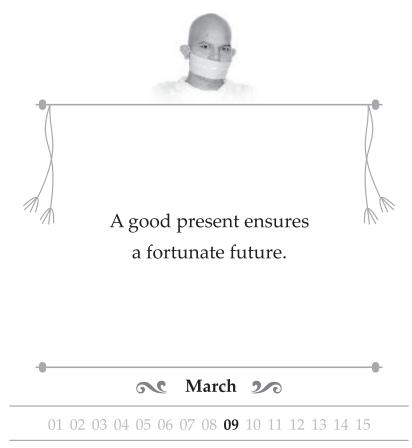


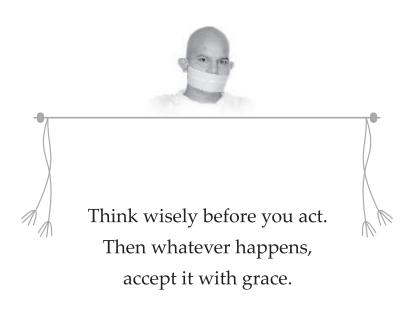


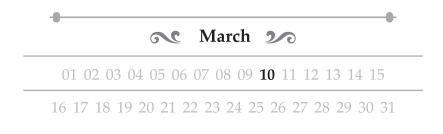


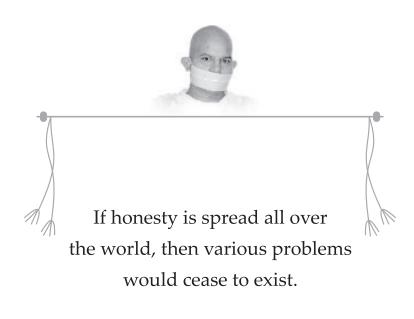


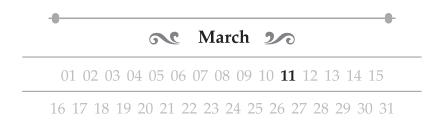


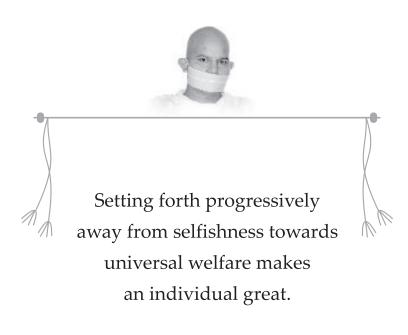


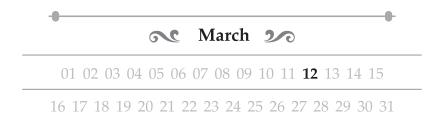


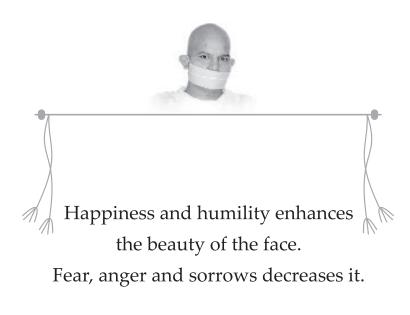


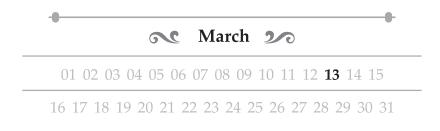


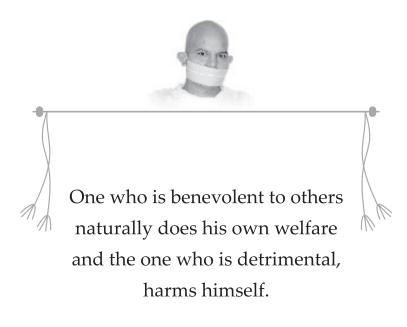


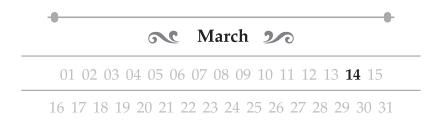


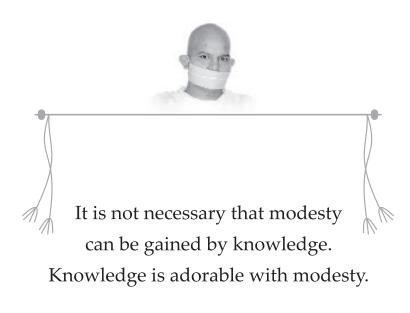


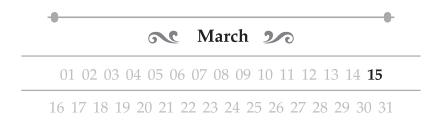


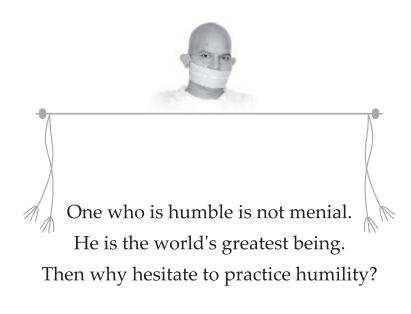


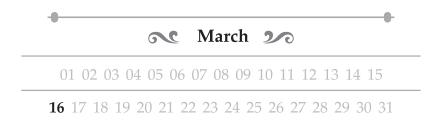


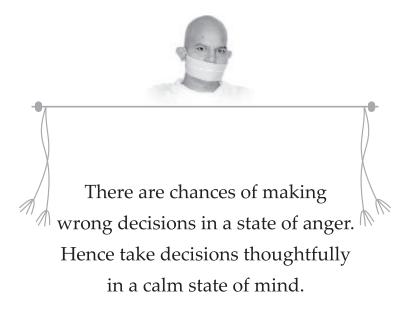


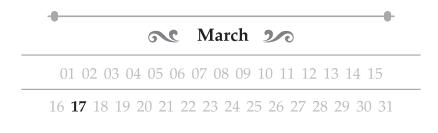


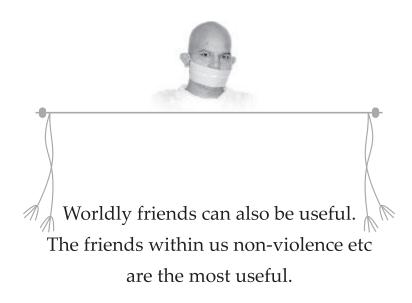


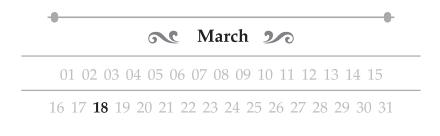








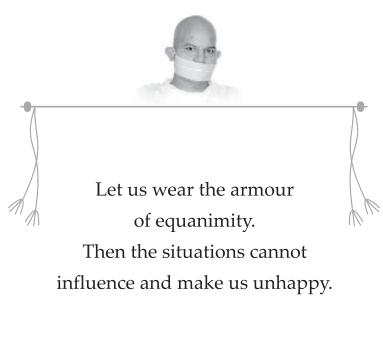


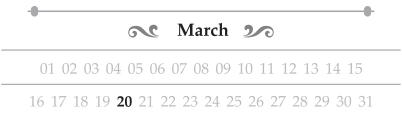


A person who acts for the purification of the soul, who has love, amity and compassion towards all living beings and who endures trouble for the welfare of others makes his life blessed and is blessed in his death too.

## March 20

01 02 03 04 05 06 07 08 09 10 11 12 13 14 15



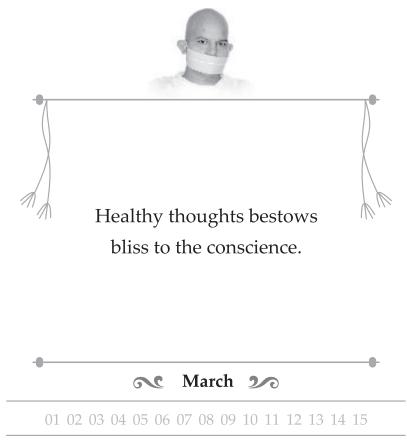


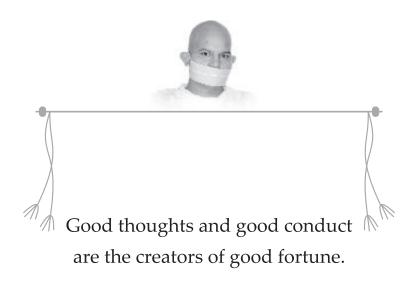


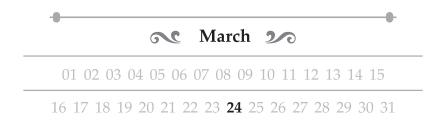
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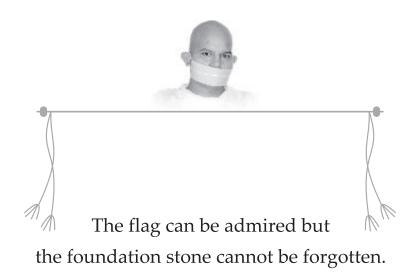
Religion is only such friend that stands by us in this world and the other, saves us from misery and grants us everlasting peace and happiness.

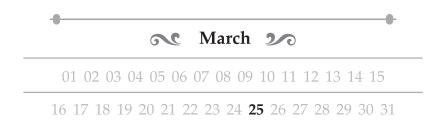


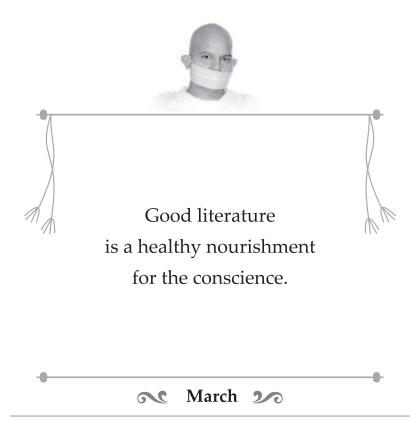




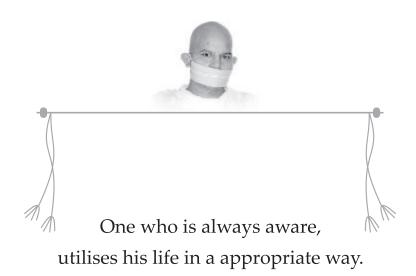


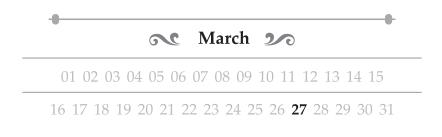


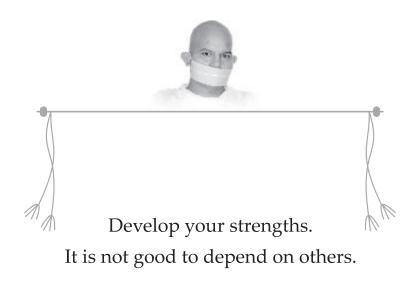


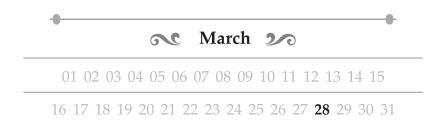


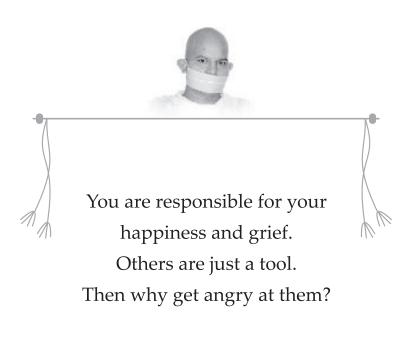
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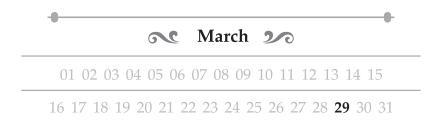


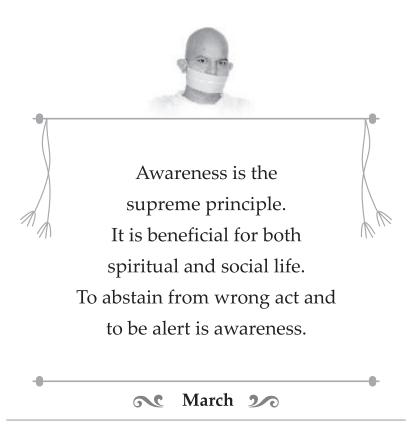












 $01 \ 02 \ 03 \ 04 \ 05 \ 06 \ 07 \ 08 \ 09 \ 10 \ 11 \ 12 \ 13 \ 14 \ 15$ 

31st March is the end of the financial year. Profit and loss are calculated in the account books. How good it would be, if the profit and loss of the soul are also calculated ?

March 20

01 02 03 04 05 06 07 08 09 10 11 12 13 14 15

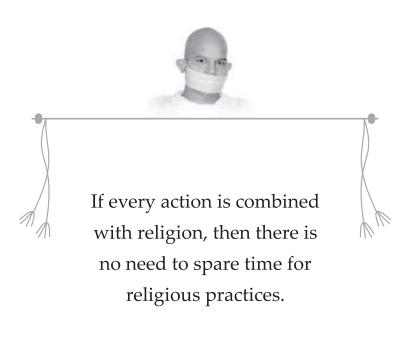




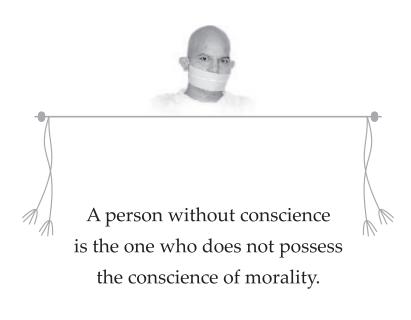




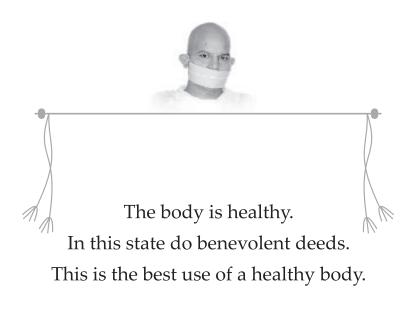








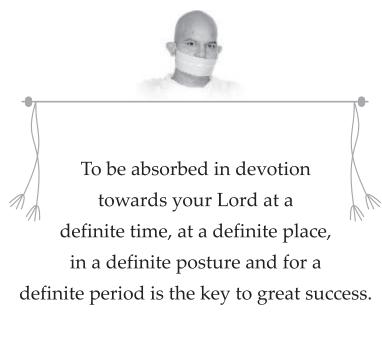




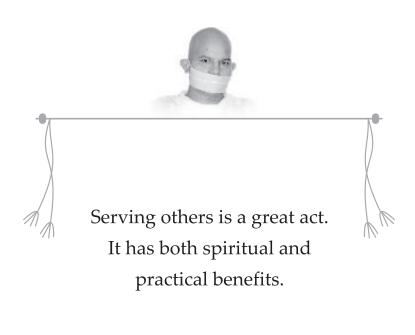


Not to be persistent is good. Persistence is not always bad. Absence of persistence is useful in the search of truth and persistence is helpful in its protection.





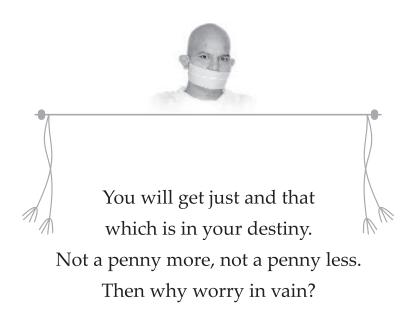




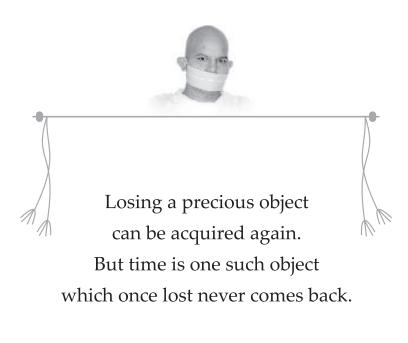


Duty consciousness is a great virtue. One must perform the duties what is defined as duties for him with devotion. Duties may be distinct but it is desired that one should excel in duty consciousness.

01 02 03 04 05 06 07 08 **09** 10 11 12 13 14 15









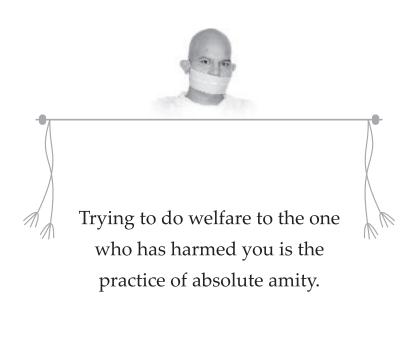
When there is an fruction of good karma then none can harm you and when there is a fruction of bad karma then nobody can save you. Hence you are responsible for your own happiness and sorrows.

## April 200

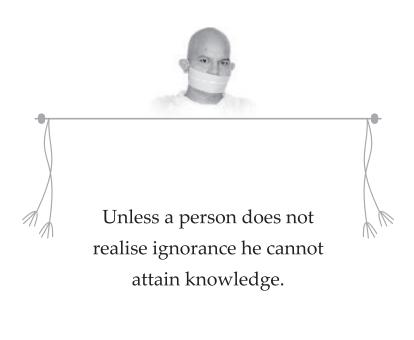
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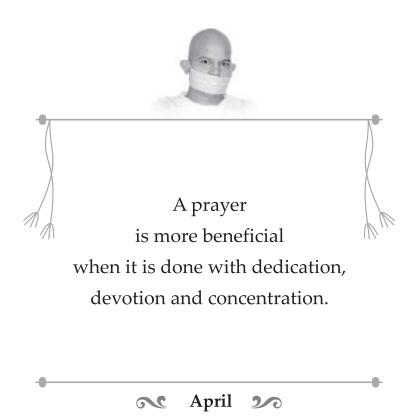


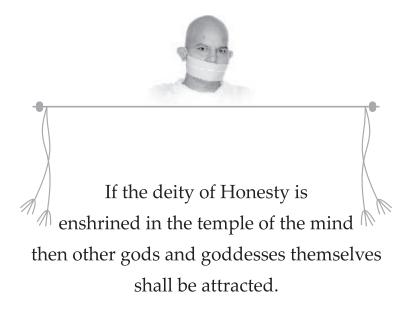


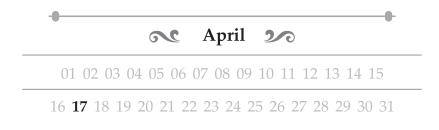


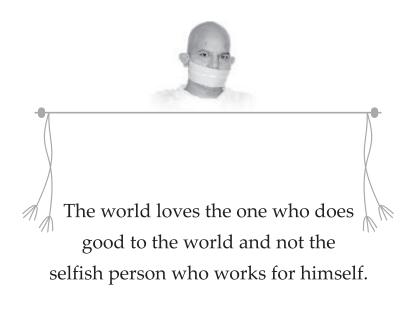


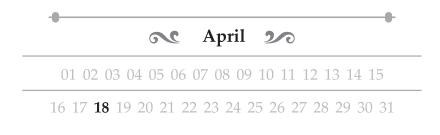


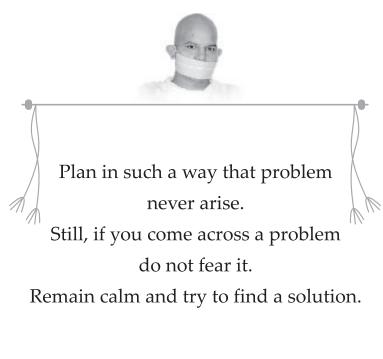






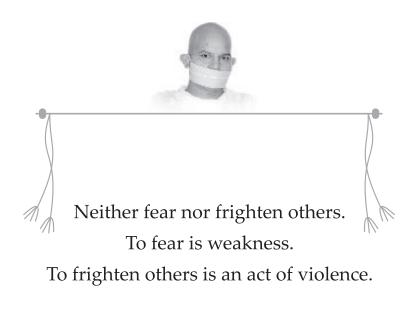




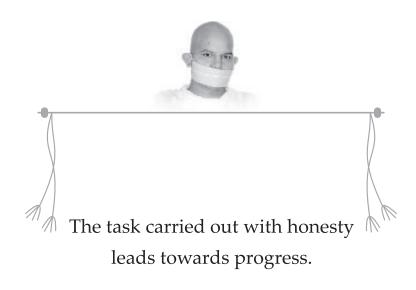


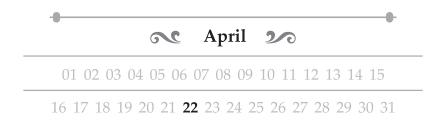


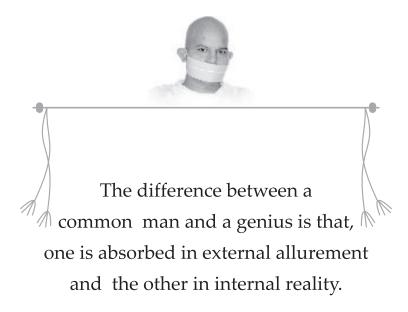


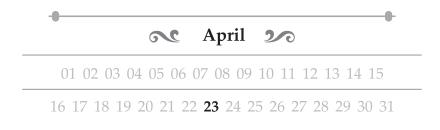


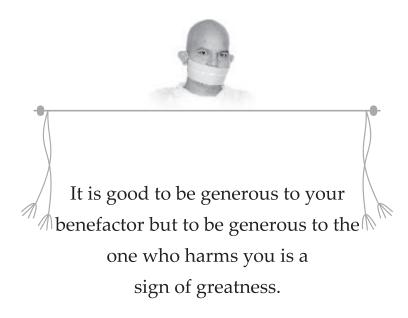










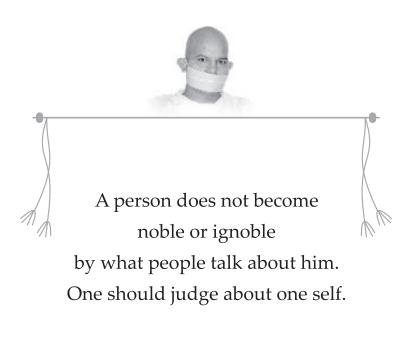


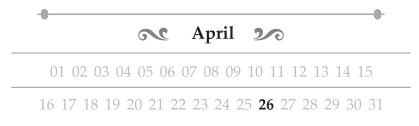


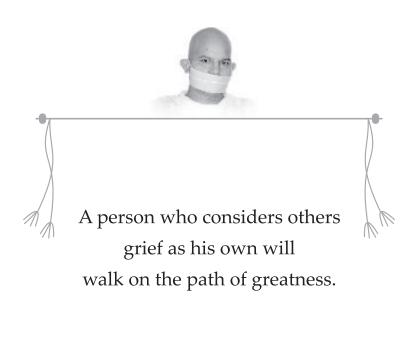
The duty of a friend is to stand by his friend in his difficult times. Provide him with kinship and assistance. The one who deserts during hardships is a false friend and the one who stands by him is a true one.

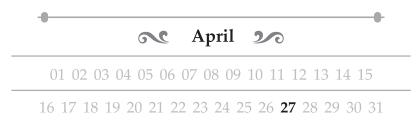
## April 200

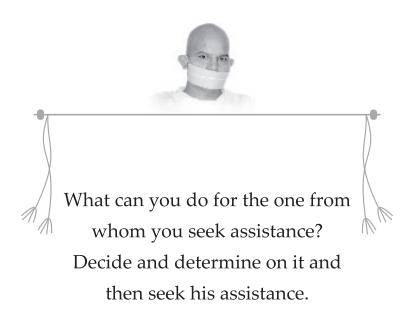
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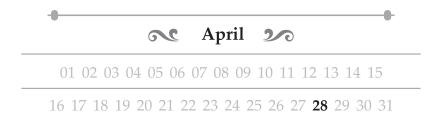


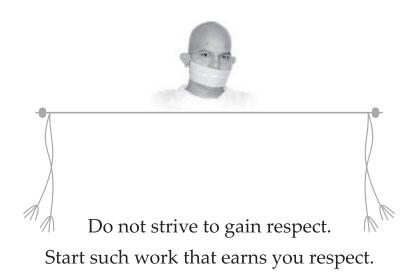


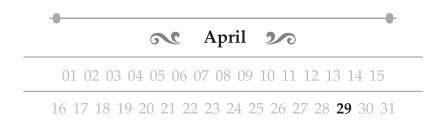


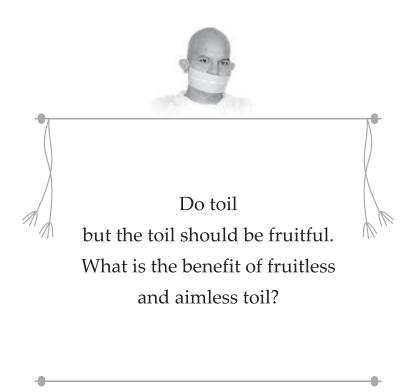






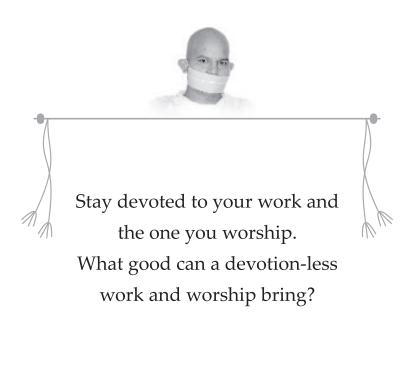




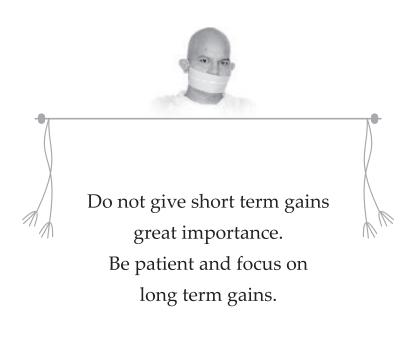




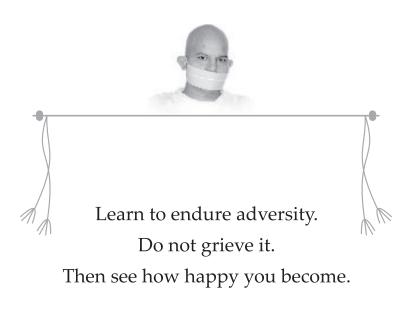




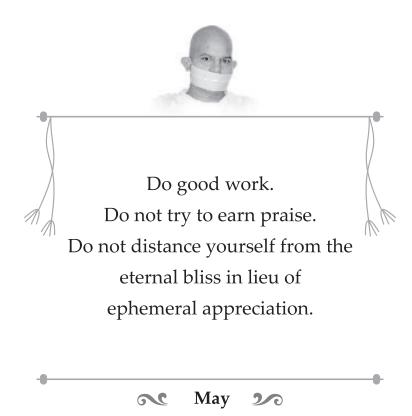


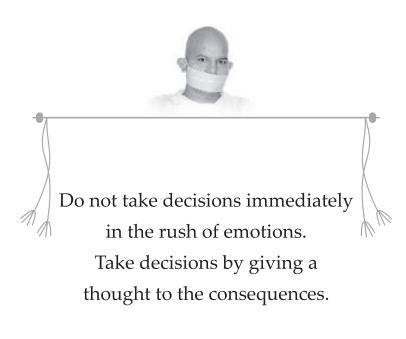




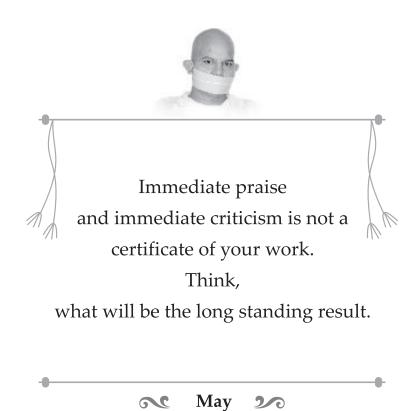


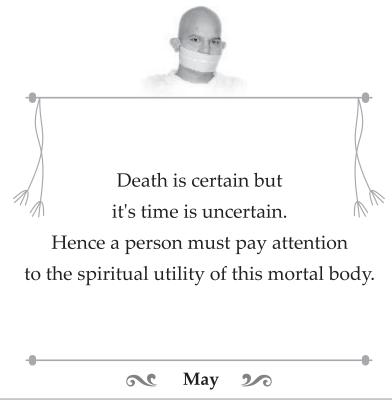


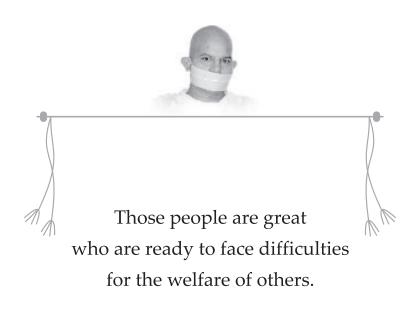




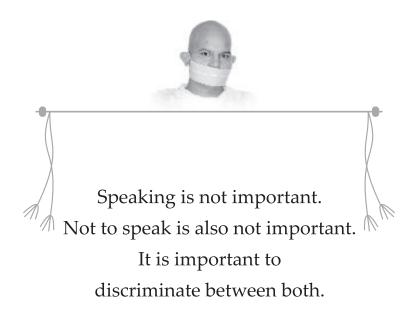




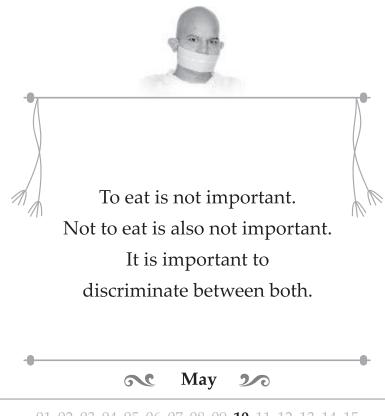


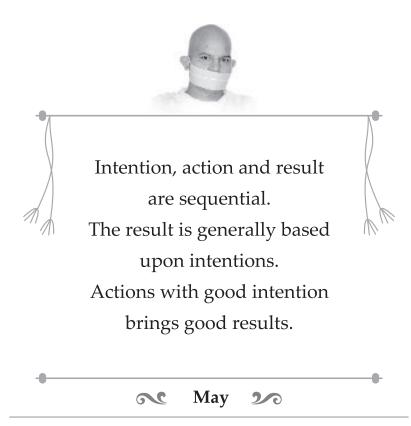


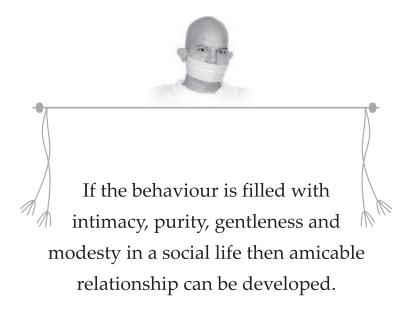


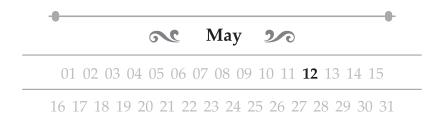


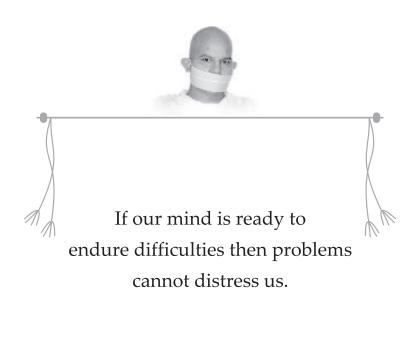


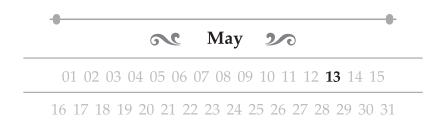






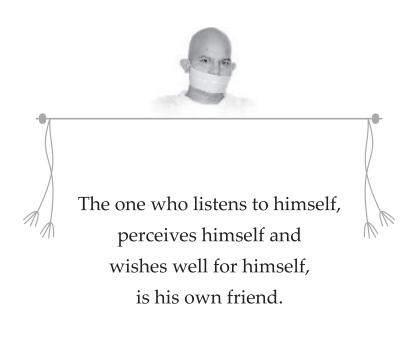


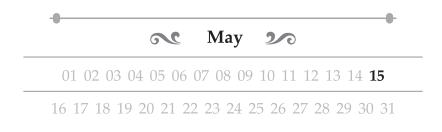


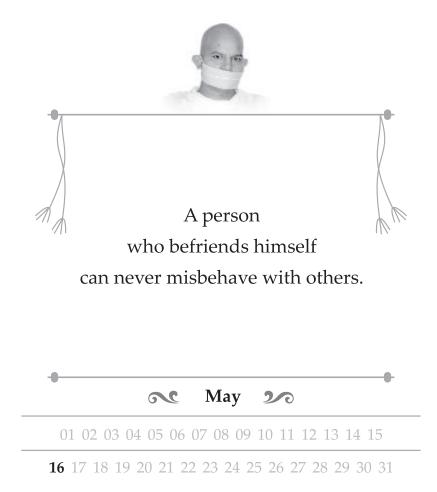


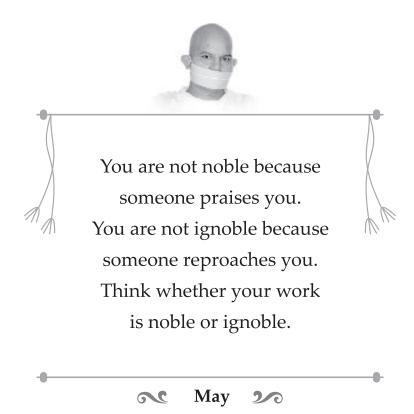


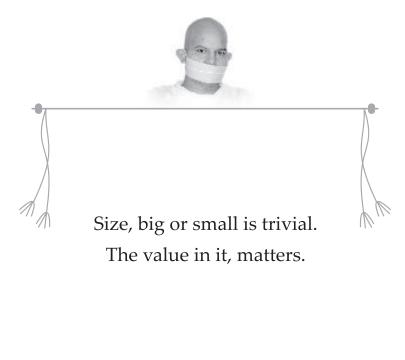




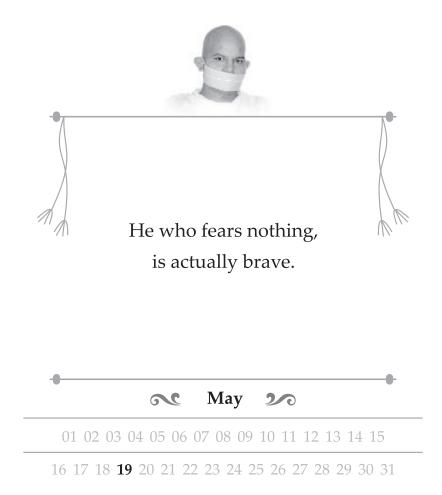


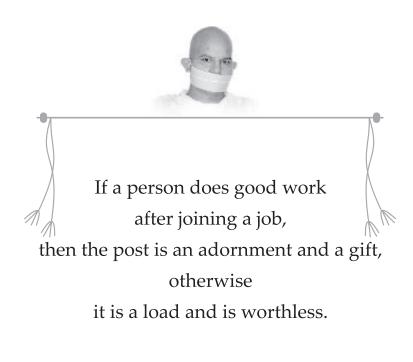




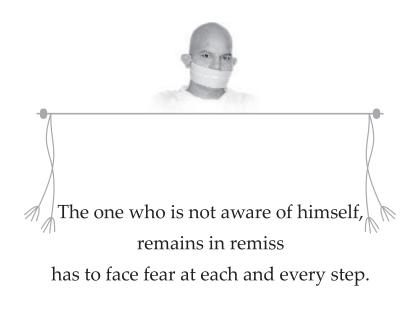




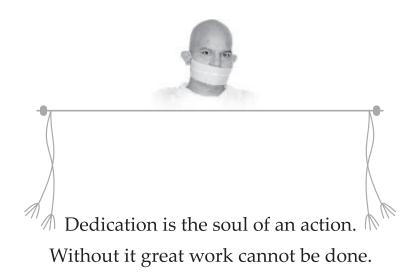




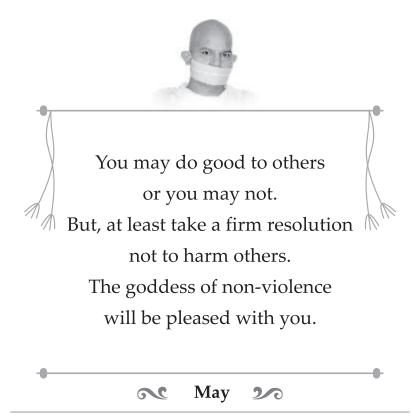


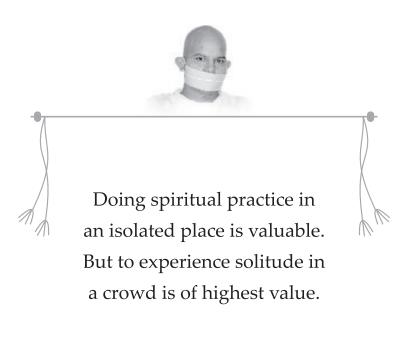








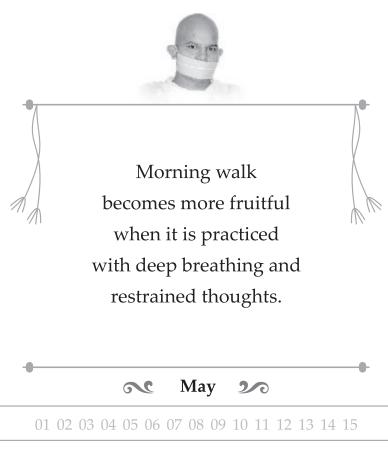


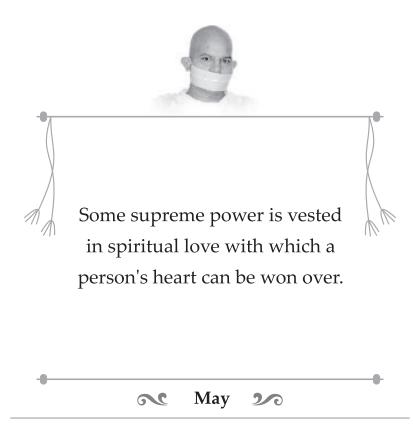


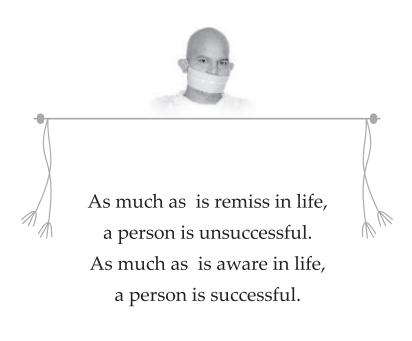


Body is mortal, the soul is immortal. The body will be left behind one day. The worthiness of the mortal body is in it that we use it for the benefit of the eternal soul.

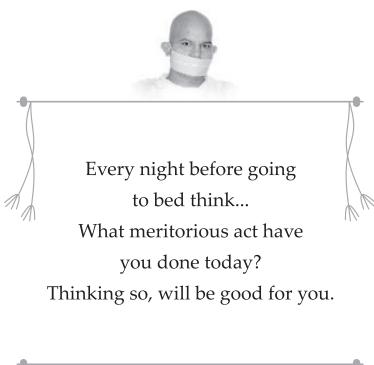








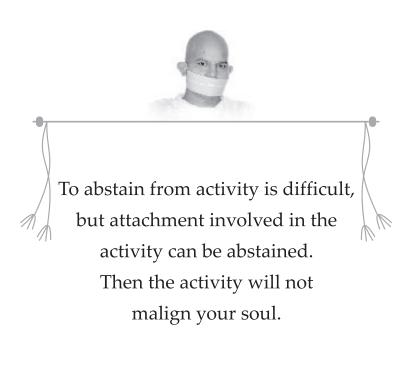




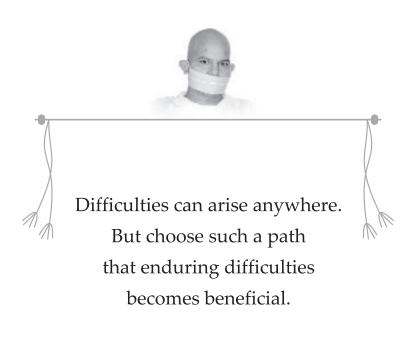
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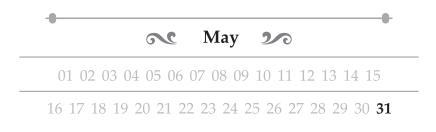
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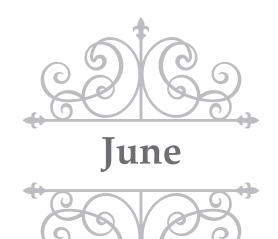
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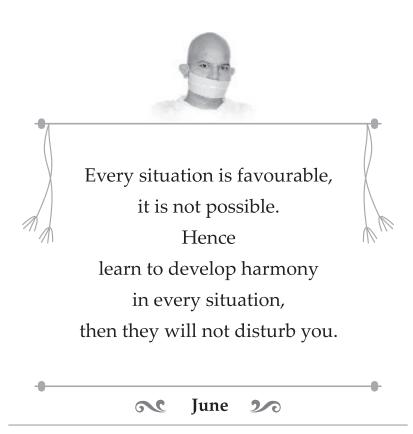


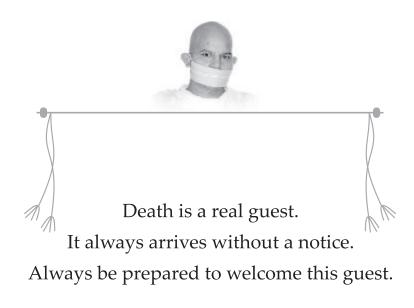


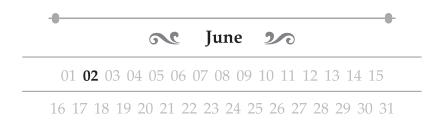


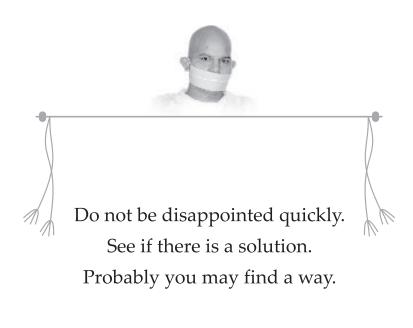


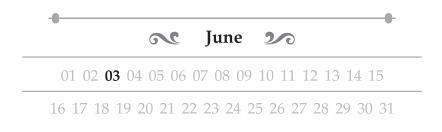


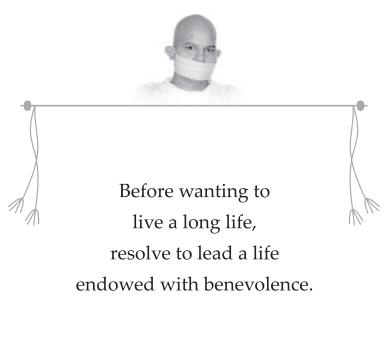


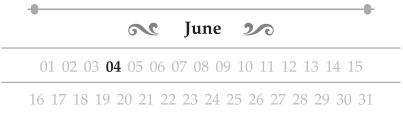


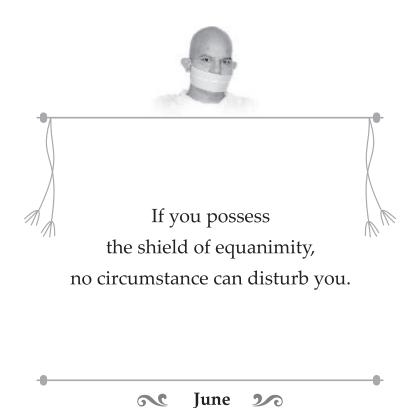


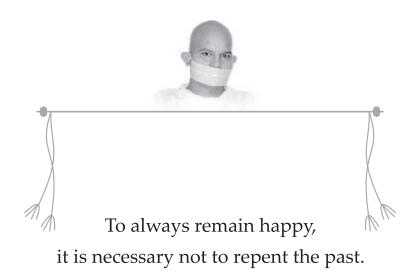


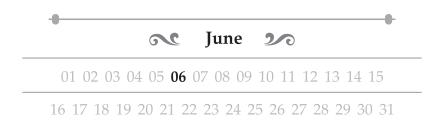


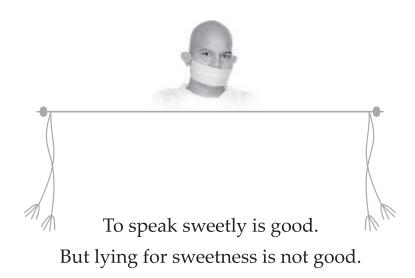


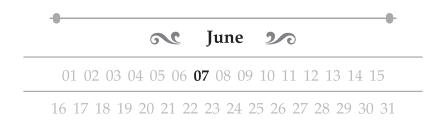


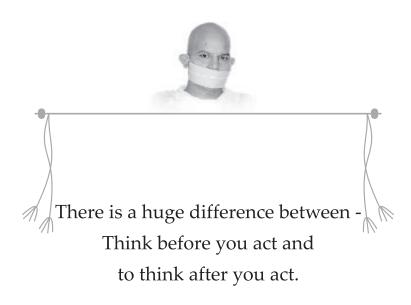


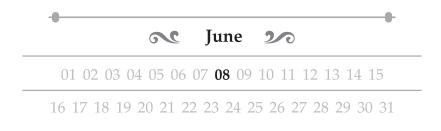


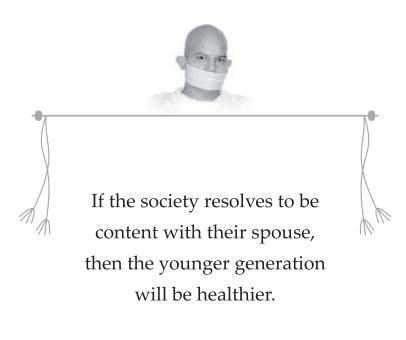


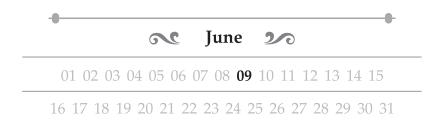


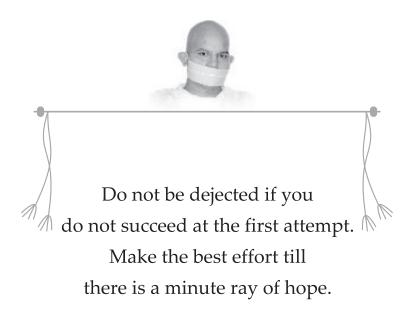


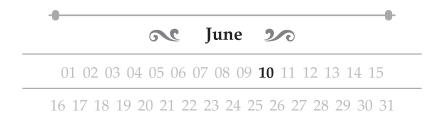


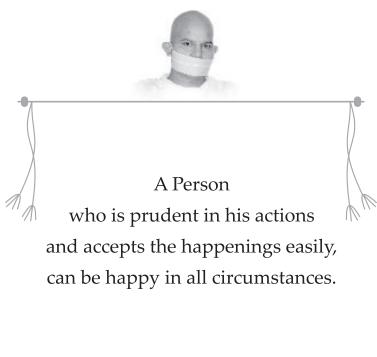


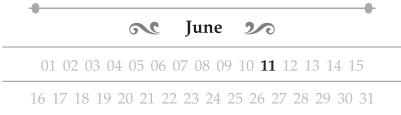




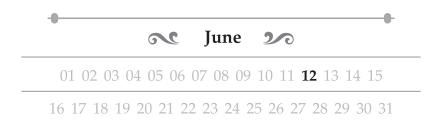


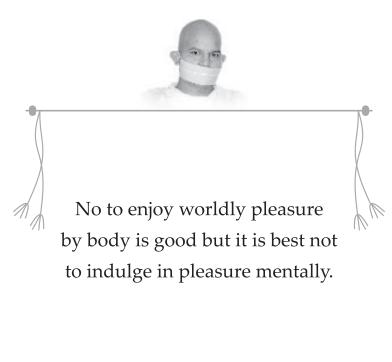


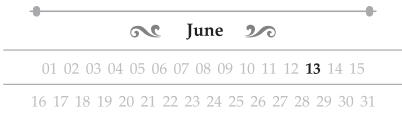


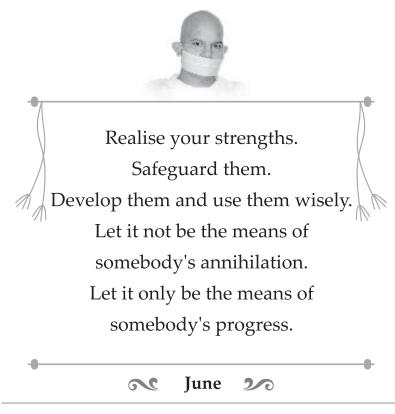


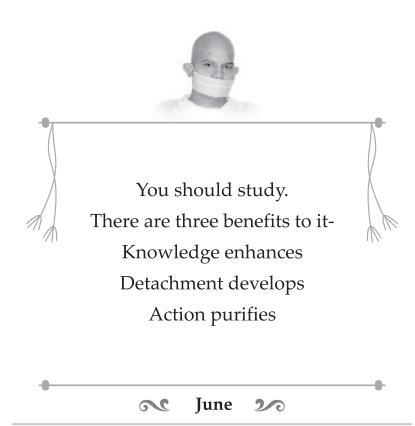
Mastering the art of detachment can uproot the source of sorrows. Act, but do not get attached to it. Use things, but do not get obsessed with them.





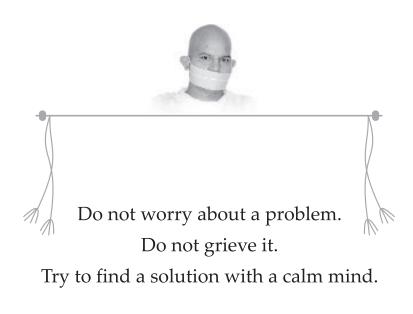


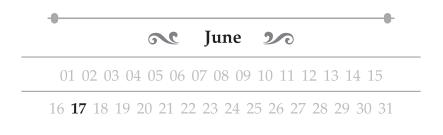


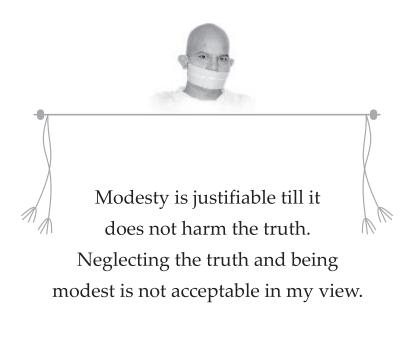


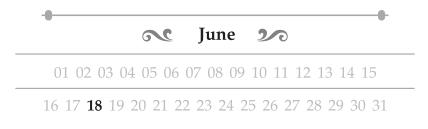
Do not entrust responsibilities to anybody. A right person should be appointed for the right job. Analyse properly who is capable and incapable.

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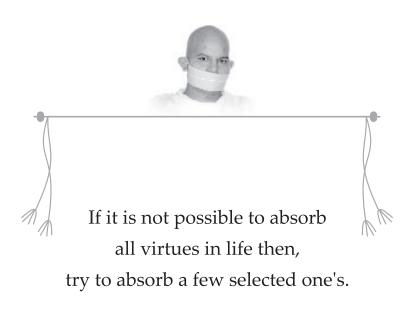


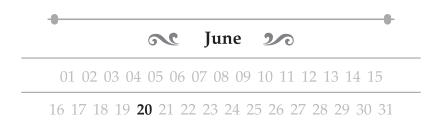
Do not tell me how much you meditate. Do not tell me how much you learn. If you can, do tell me first how much do you serve and good behaviour you practice.

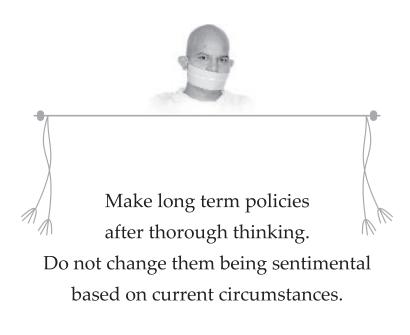
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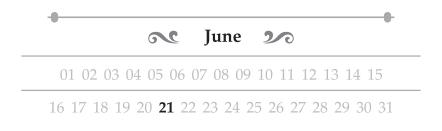
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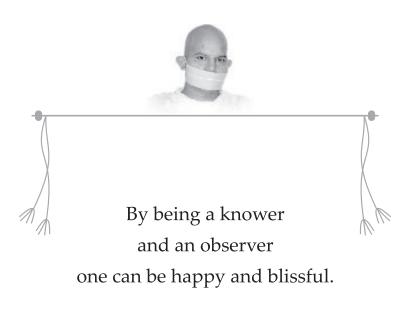
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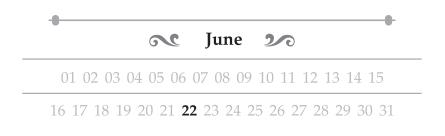


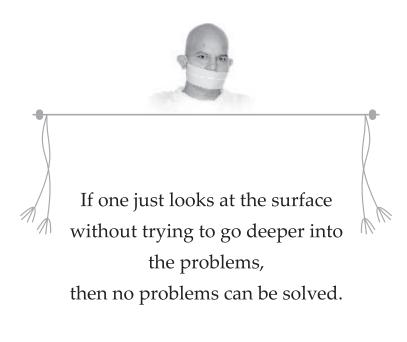


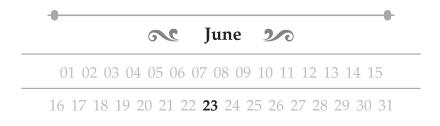


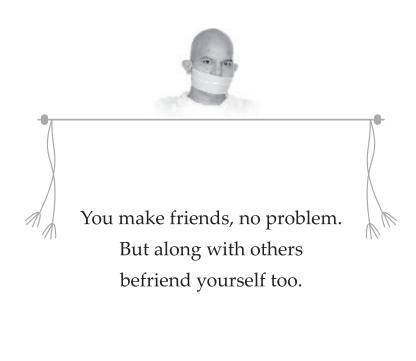


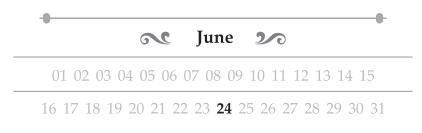


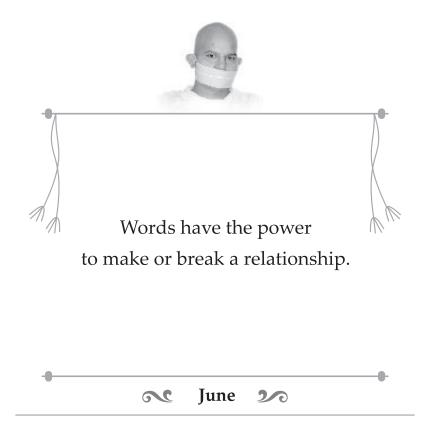


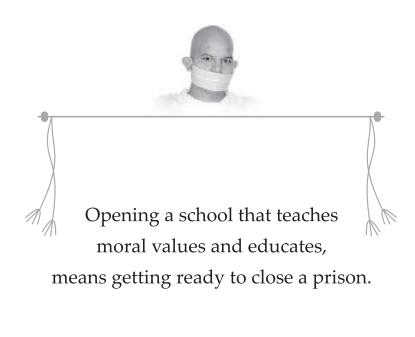


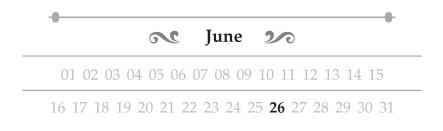


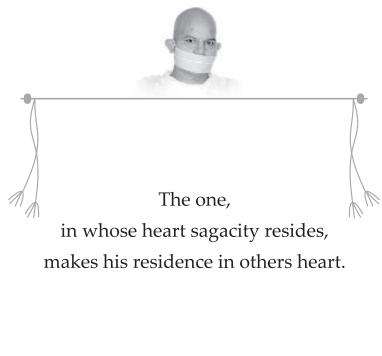


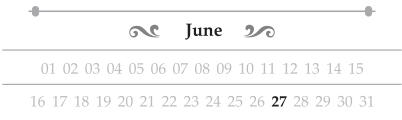


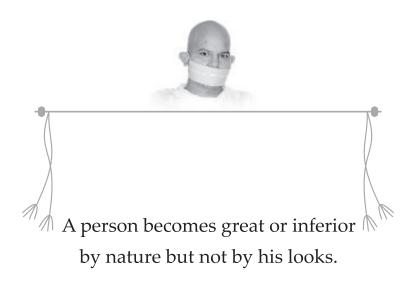


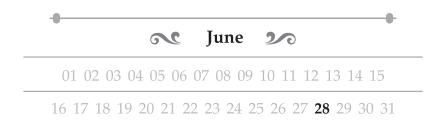


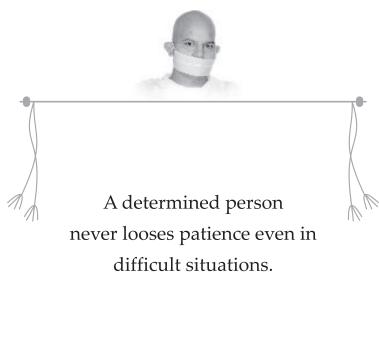




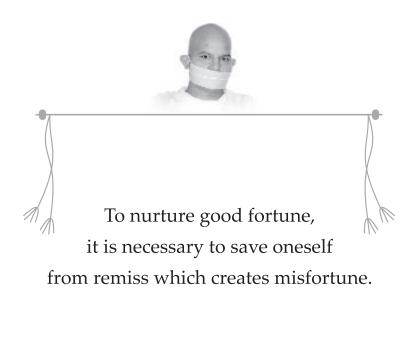


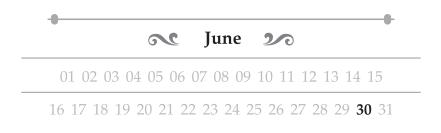




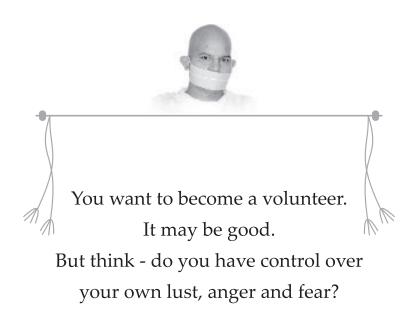


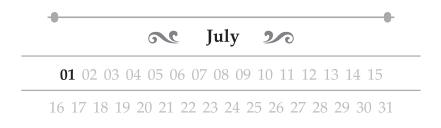


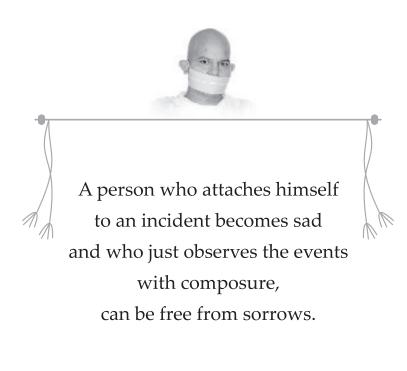


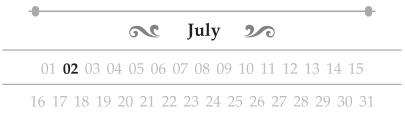


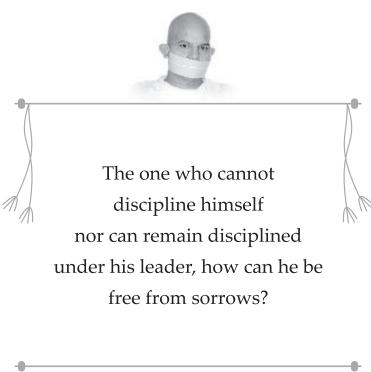








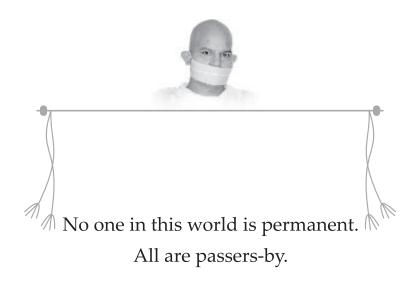


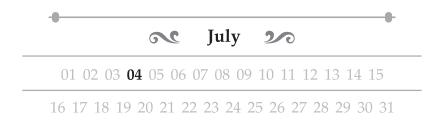


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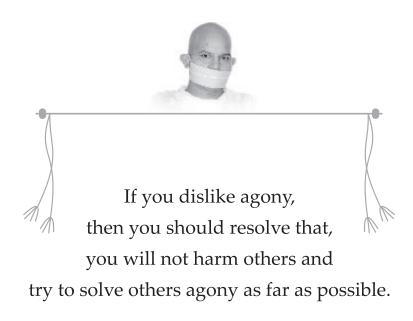
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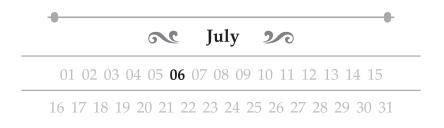


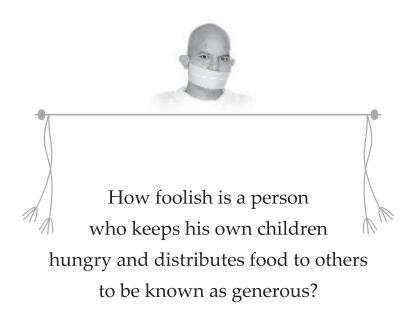


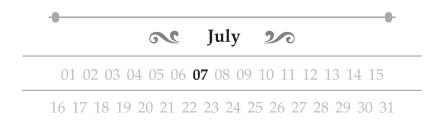
Discipline the subordinates but never take away that independence, which does not hinder their progress and order of the organisation. The union of dependence and independence is essential.

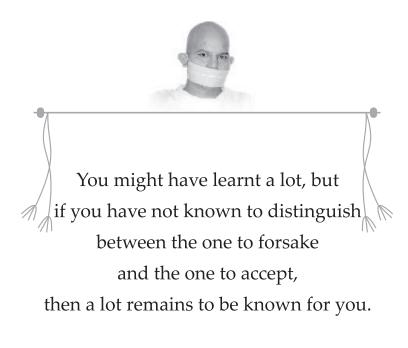
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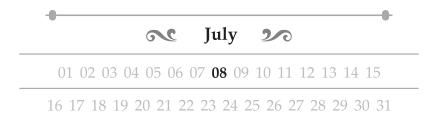










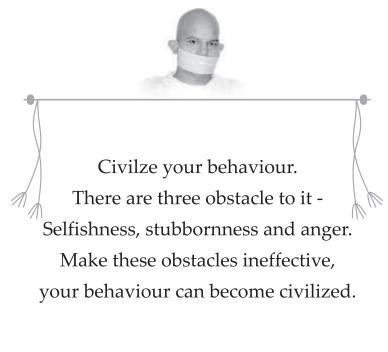


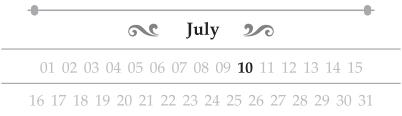
A person who wants to be independent from the very beginning can never be free. One who learns to be live in discipline from the very beginning, will one day attain independence.

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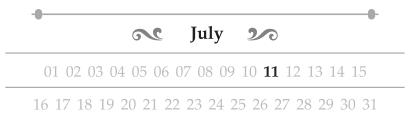
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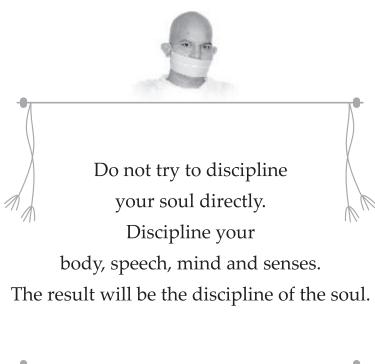
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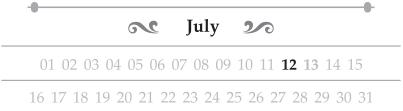


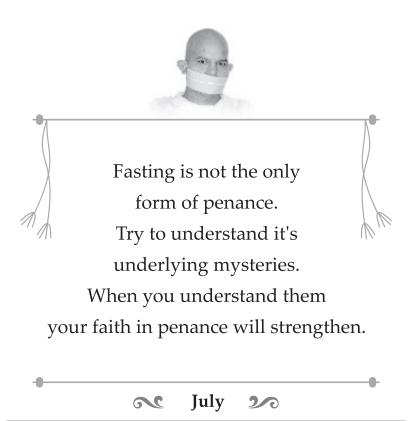


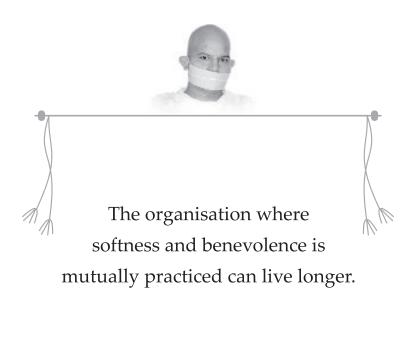


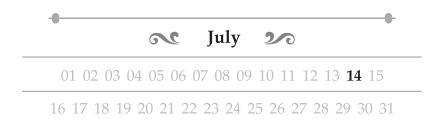


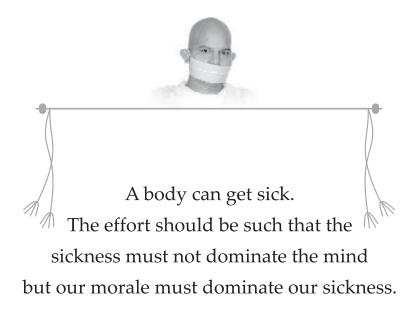


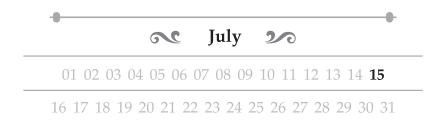


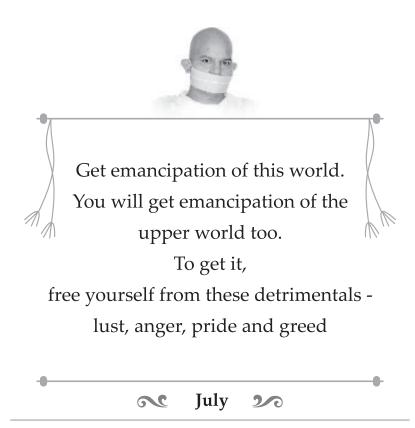


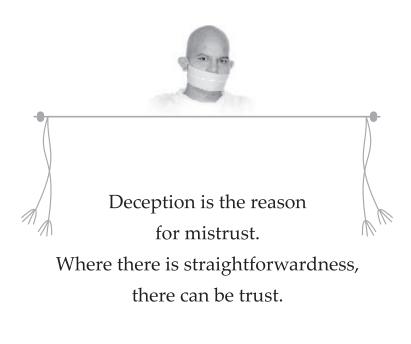


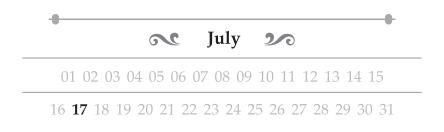


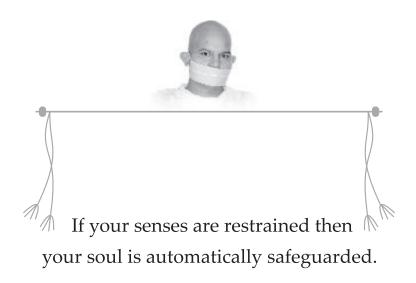


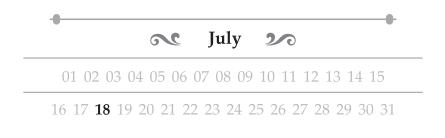


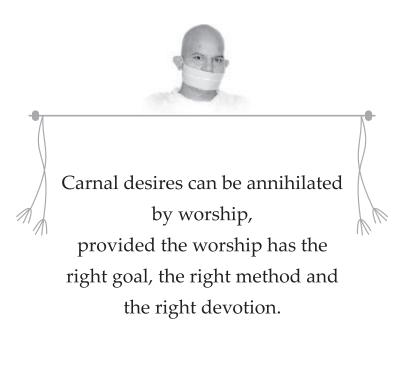


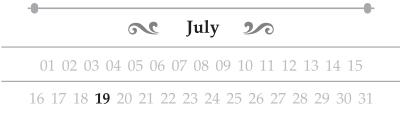


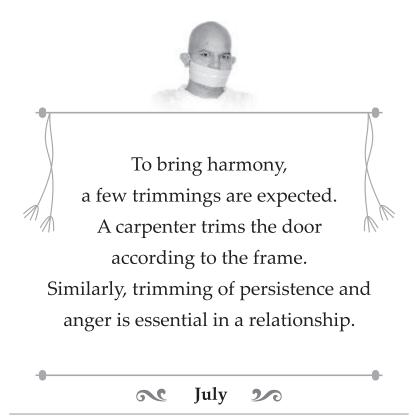


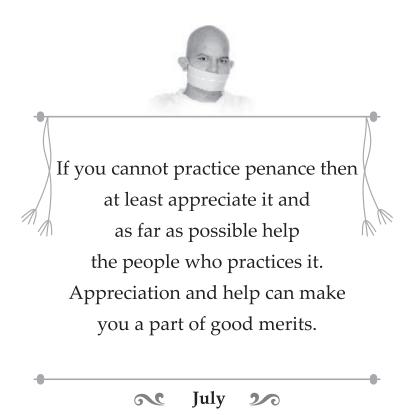










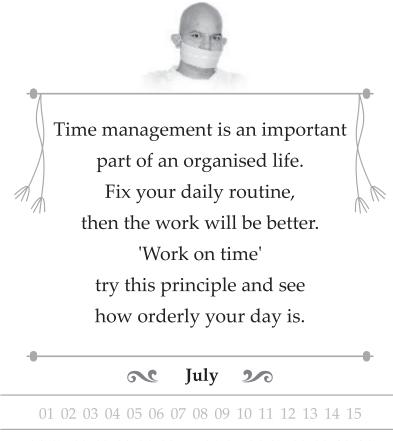


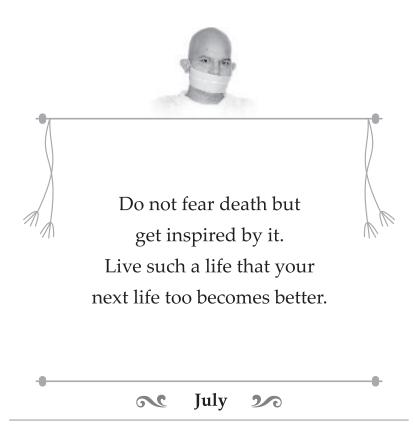
It feels good during the fruction of good karma. You receive favour. But a meritorious person has to take care that the good karma should not be the reason of forthcoming bad karma. So, have restraint during the period of fruction.

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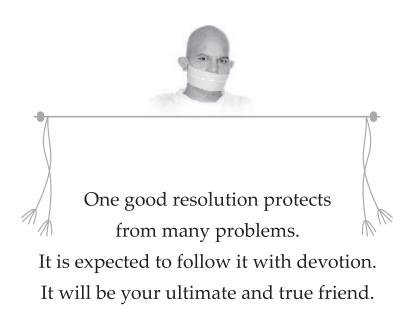


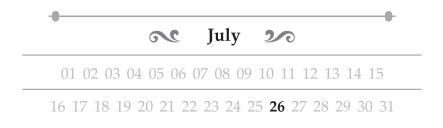


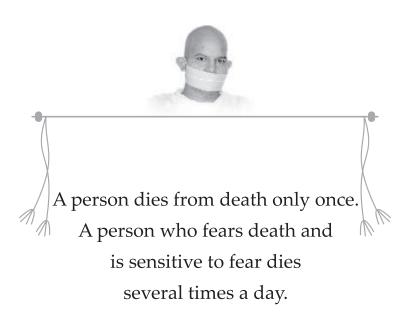
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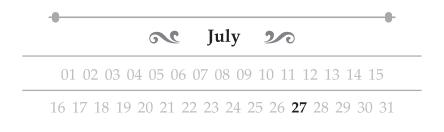
You get angry and sometimes behave calmly too. Decide yourself whether anger is the cause of your success or calmness. If calmness gives more success then why don't you practice it?

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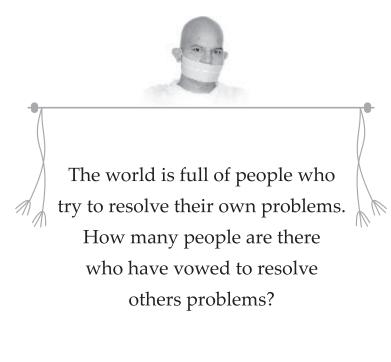




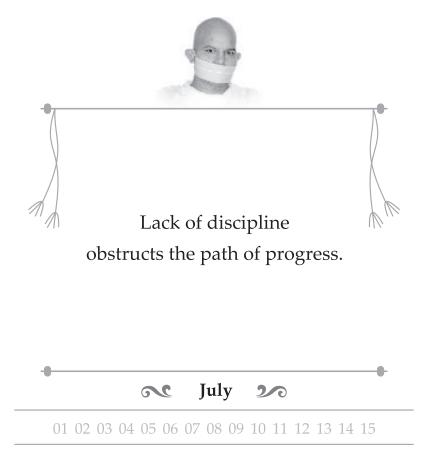


A leader should train his followers to become leaders. If a leader can create many people capable for leadership, then how much powerful the society and country can become!

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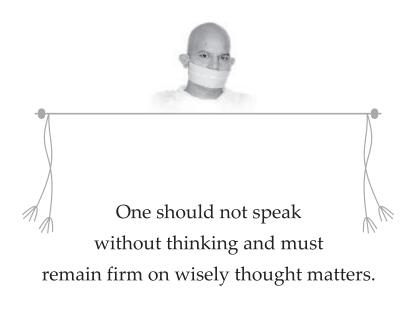


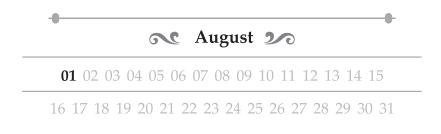


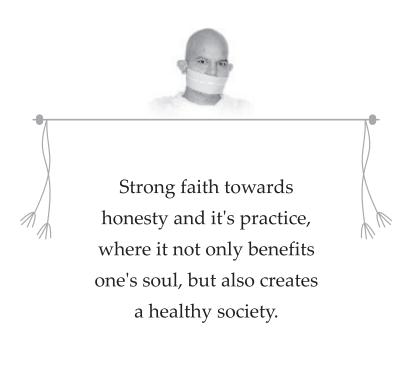




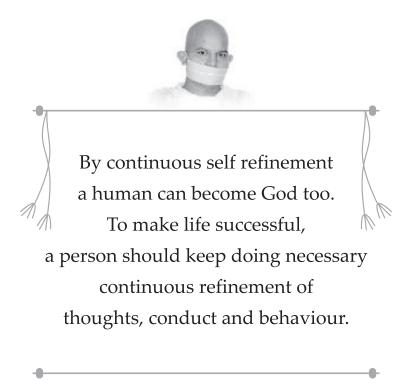






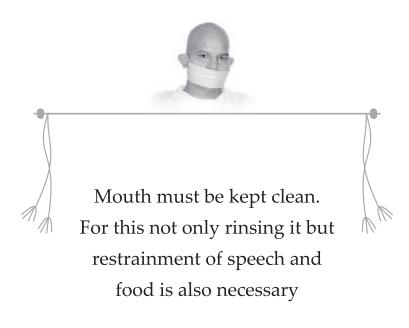


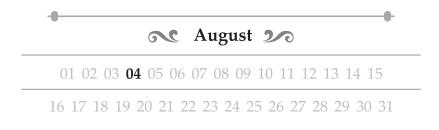
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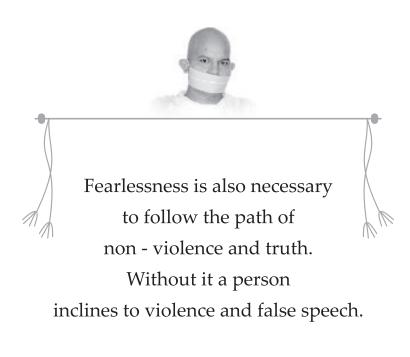


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During physical difficulties, if there is will power then, it is easy to tolerate bodily pain. The lack of will power makes it unable to tolerate the slightest adversary.

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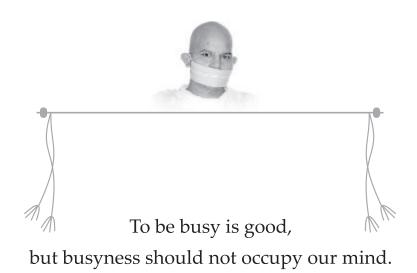
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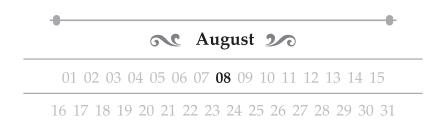
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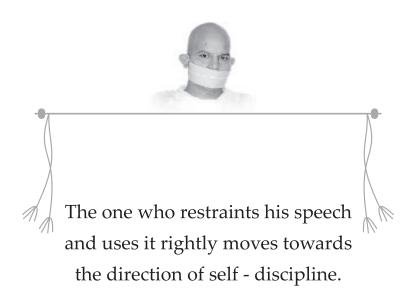
A wealthy person must not attach himself to wealth. If he does not misuse his wealth and is not proud then he will be wealthy as well as virtuous.

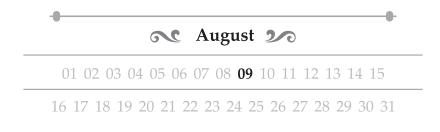
August 20

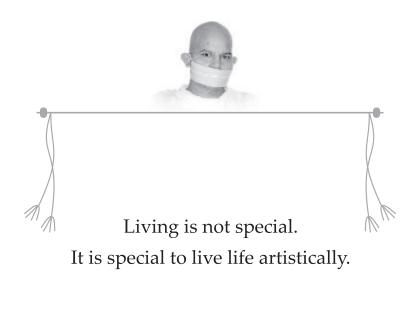
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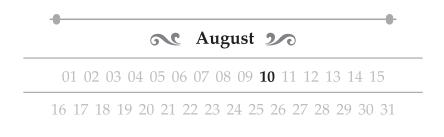












When fearlessness is combined with forgiveness, then it becomes an adornment of fearlessness. When it is combined with anger, then it is like a stained cloth.

August 200

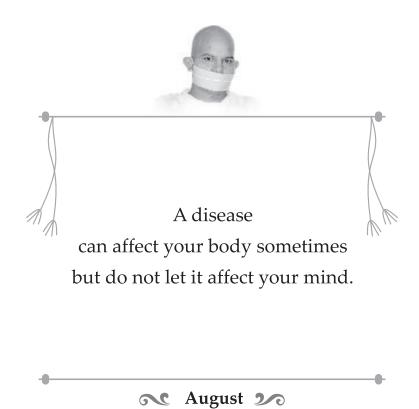
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Laziness is one such weakness which obstructs progress and hard work is one such virtue which opens the door of success.

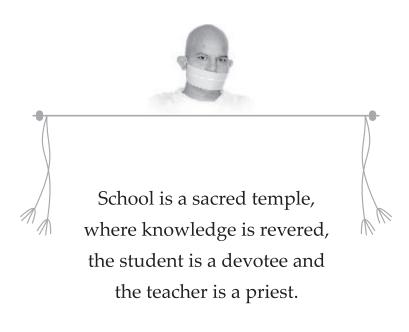
 August 2/2

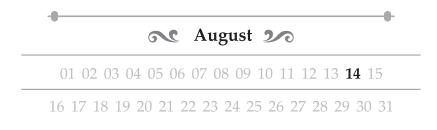
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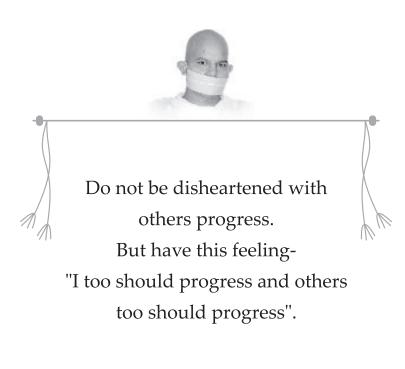
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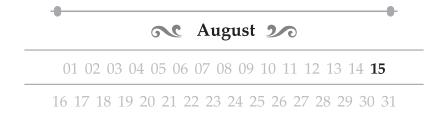


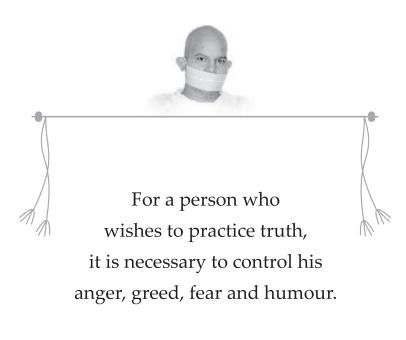
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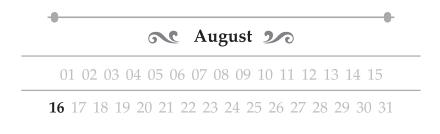


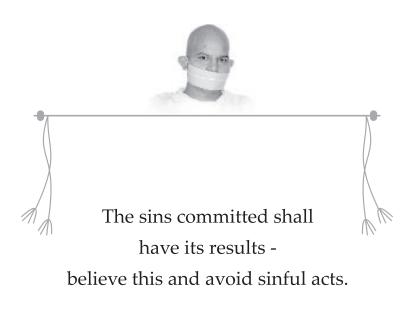


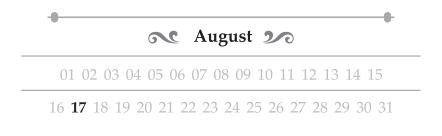


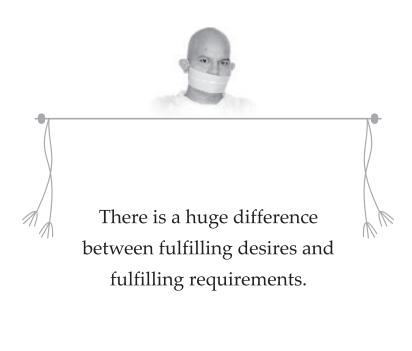


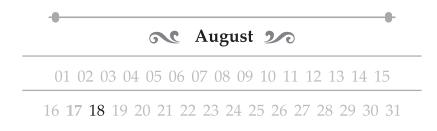


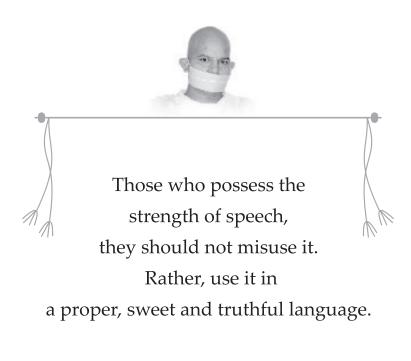








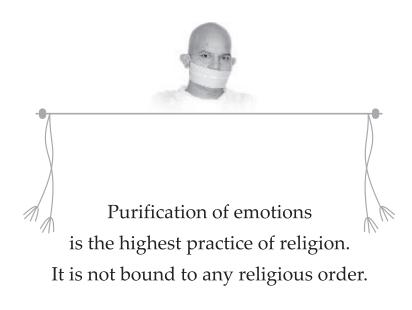


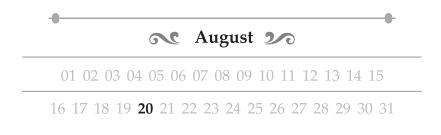


 August 2/0

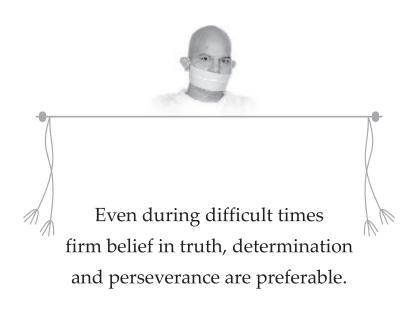
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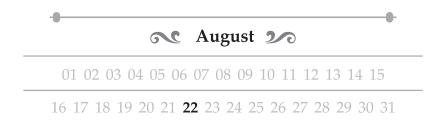
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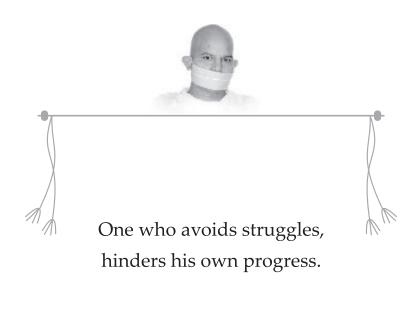


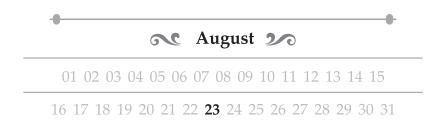


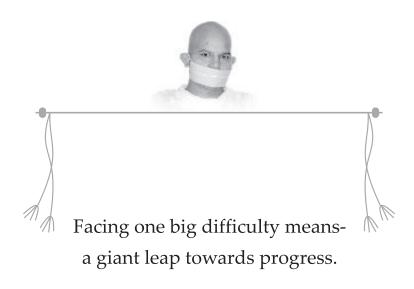


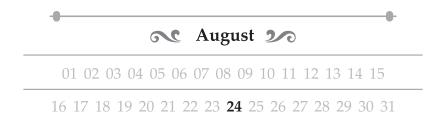


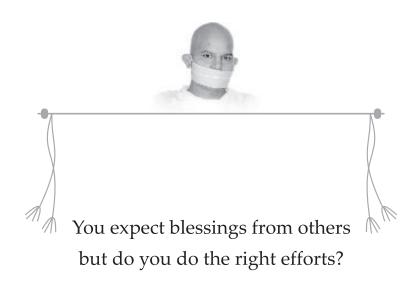


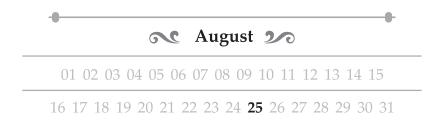


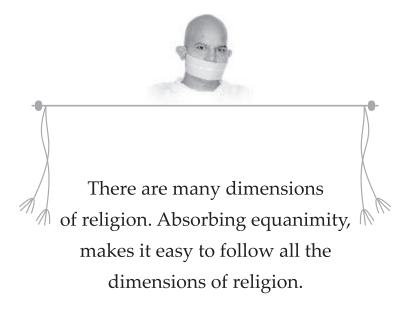








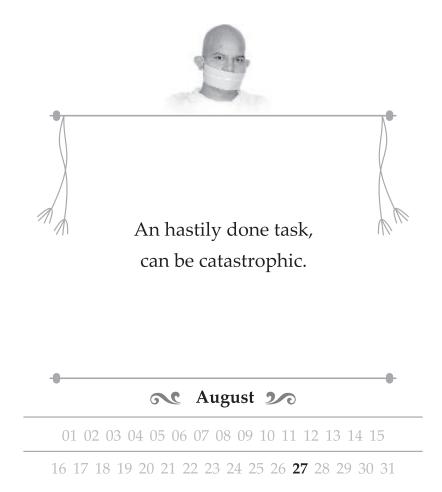




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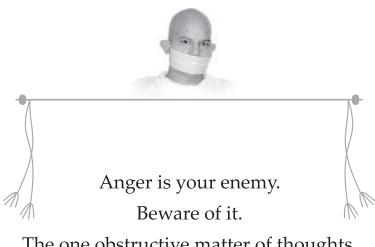


Do not always be engrossed in thoughts. When it's time to think, think thoroughly. This will not disturb your other tasks and will help you think clearly.

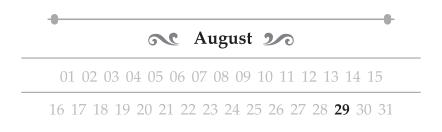
 August 2/0

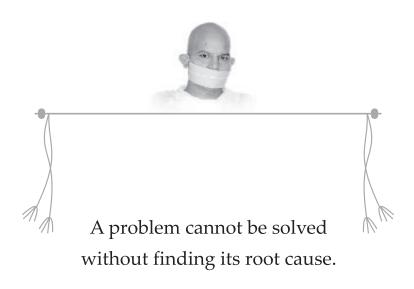
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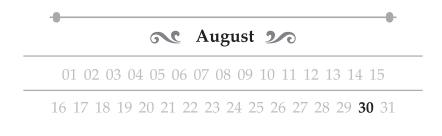
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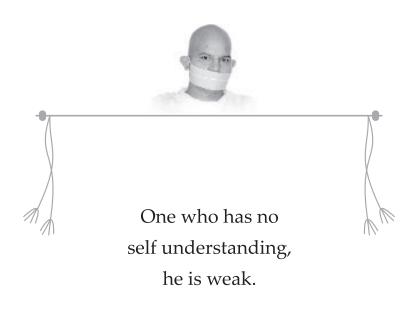


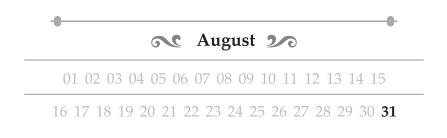
The one obstructive matter of thoughts, decisions and behaviour may be removed.



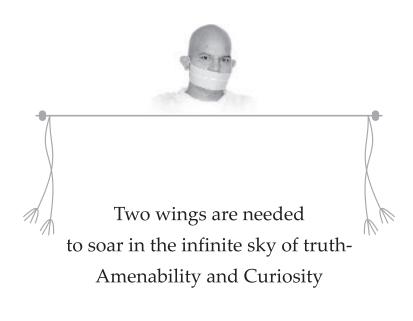


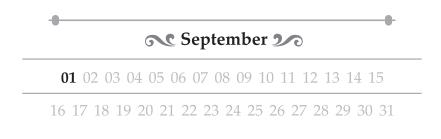


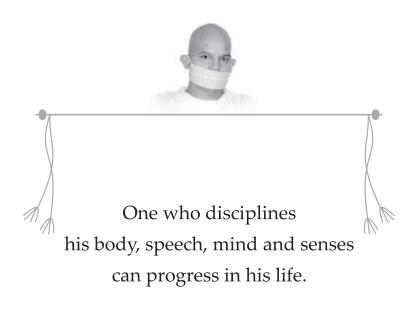


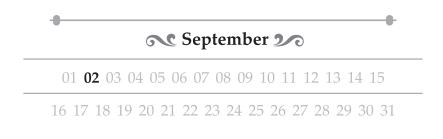


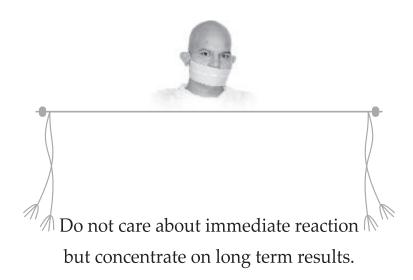




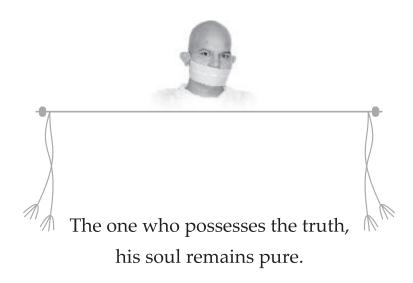


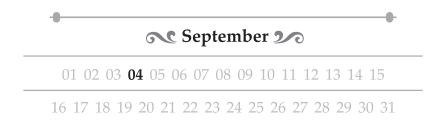


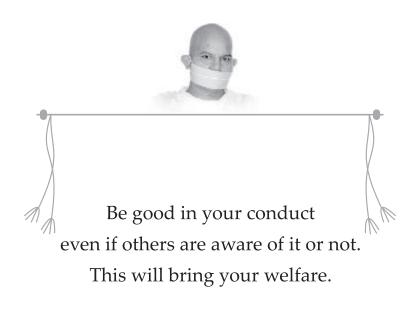




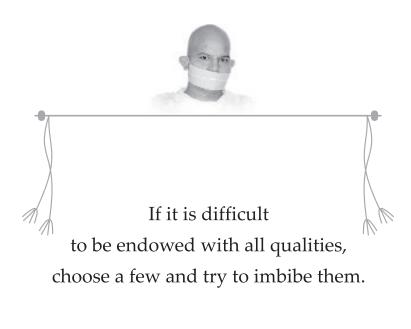










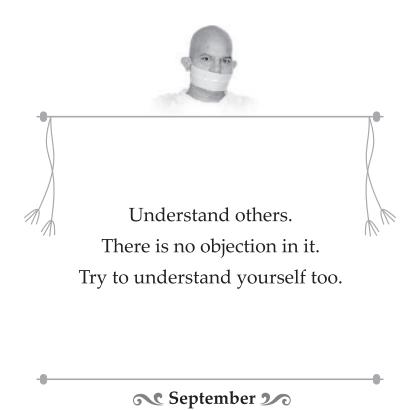




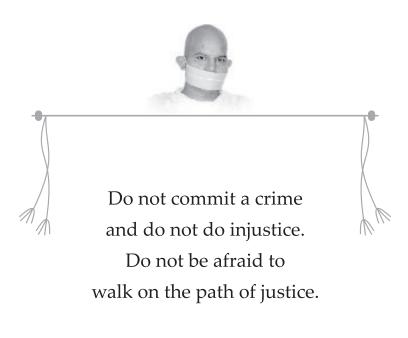
There are many splendid tasks in the world. Doing all of them may not bring substantial results. Take a few chosen tasks in your hand and systematically direct your efforts in executing them.

## September 200

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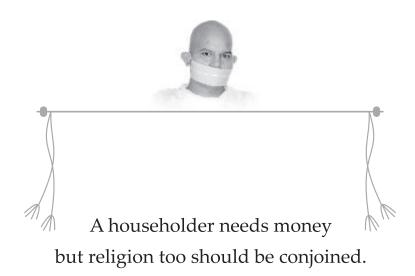


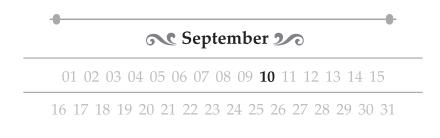
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September 2⁄0

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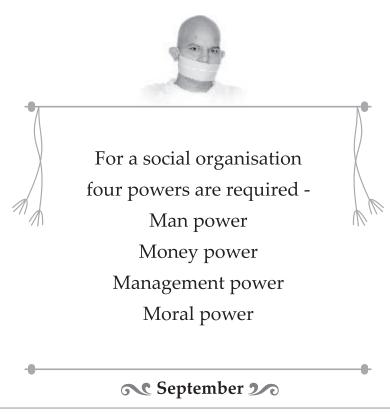




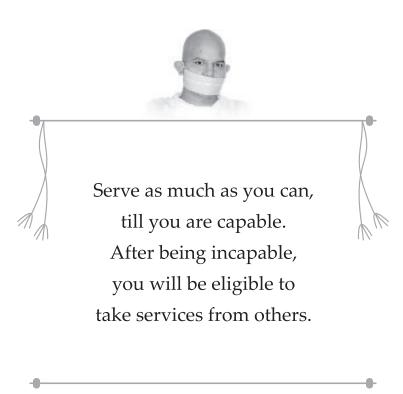
An appropriate mutual cooperation provides such vital energy to an organisation which succeeds in keeping its longevity.

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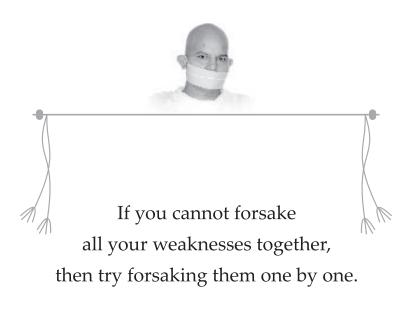
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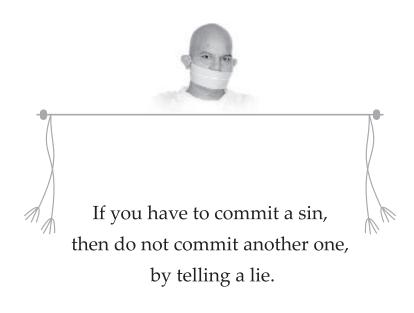
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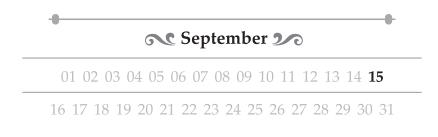


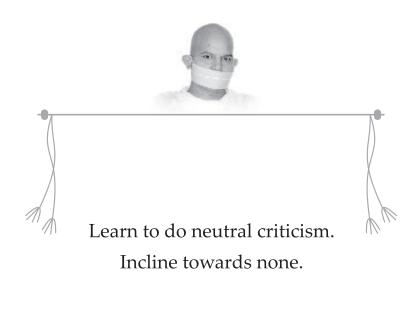
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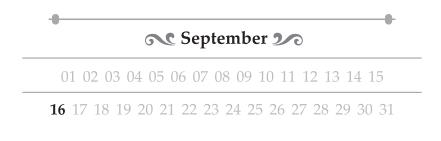


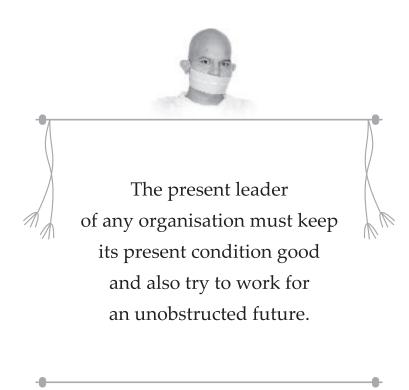




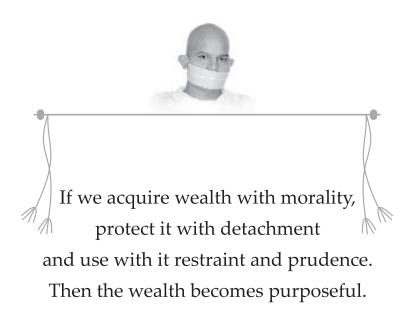




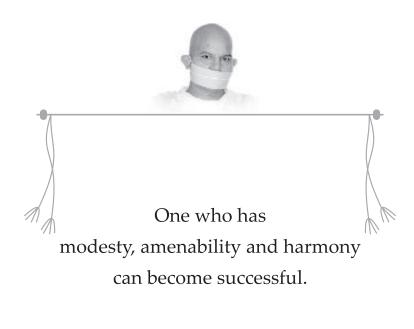


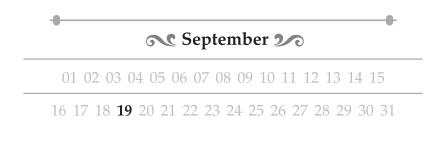


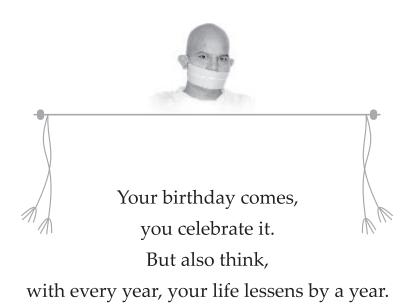
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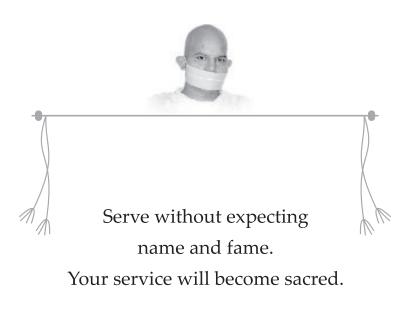




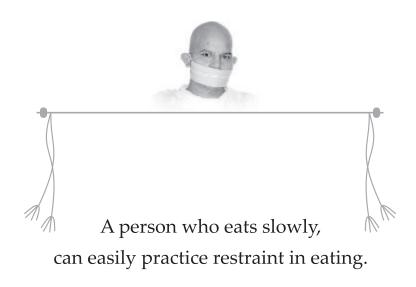


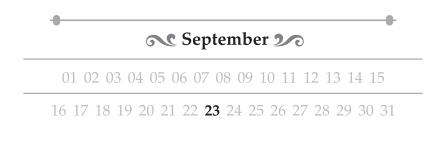


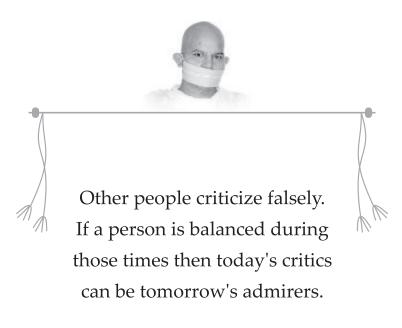
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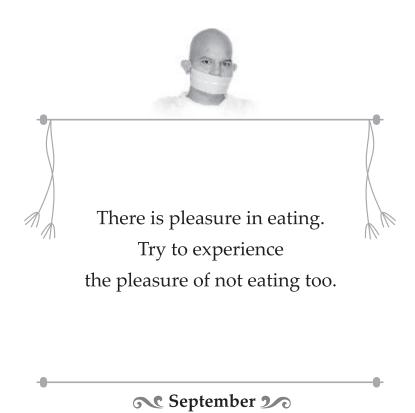




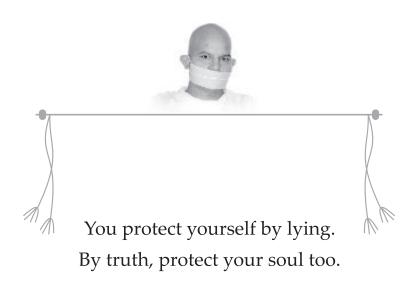


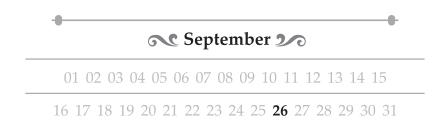


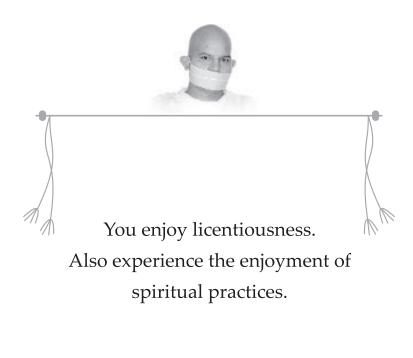




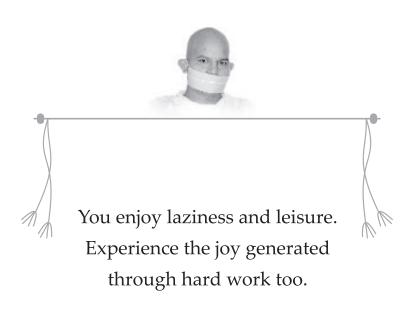
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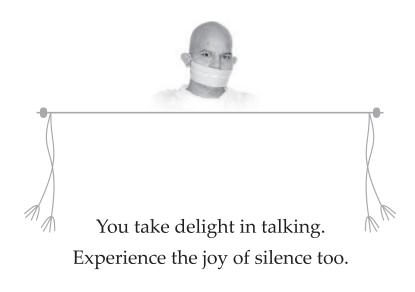
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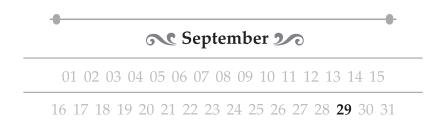


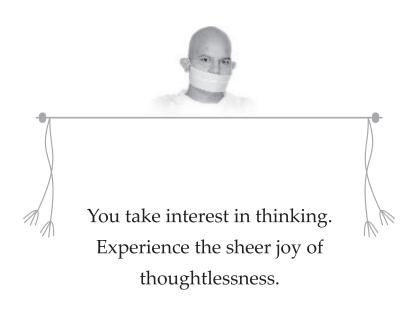
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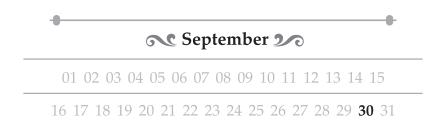
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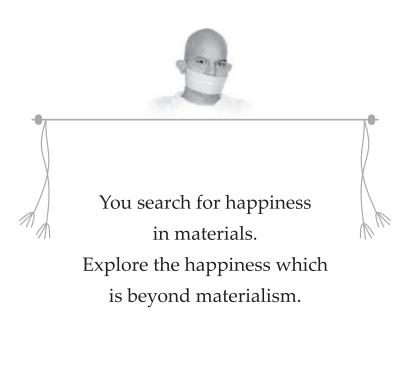




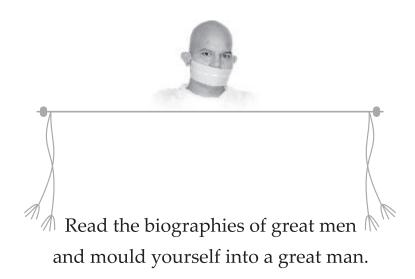


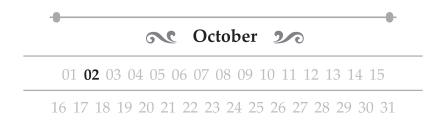


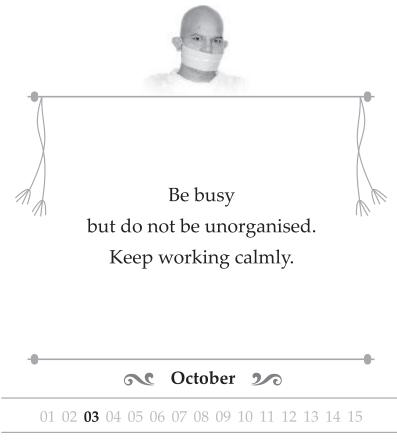


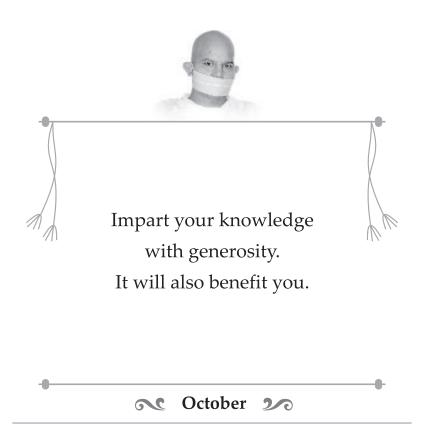




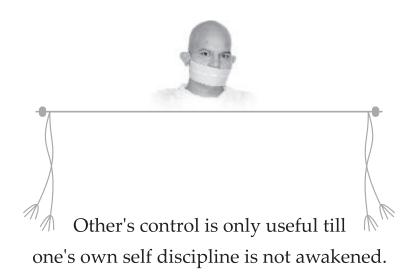




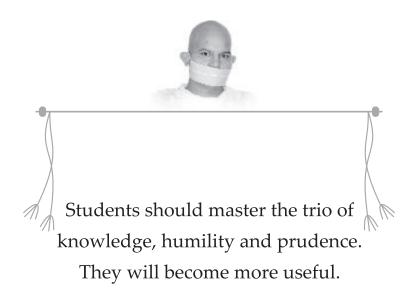




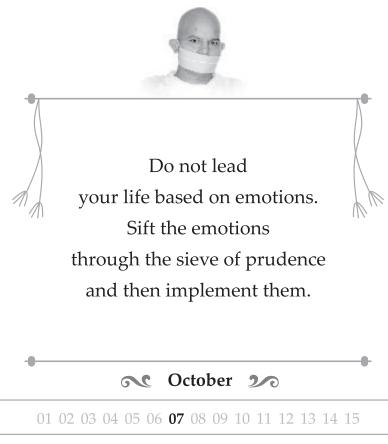
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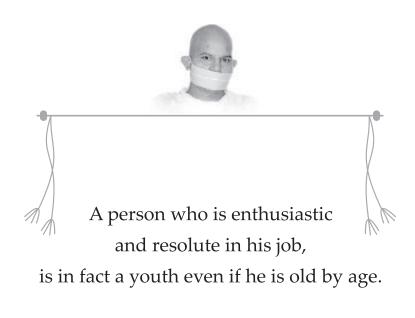




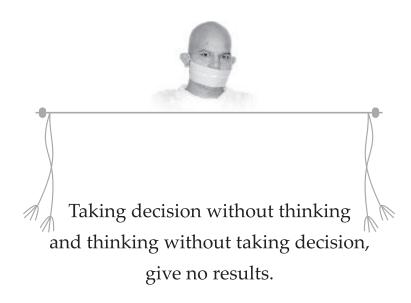




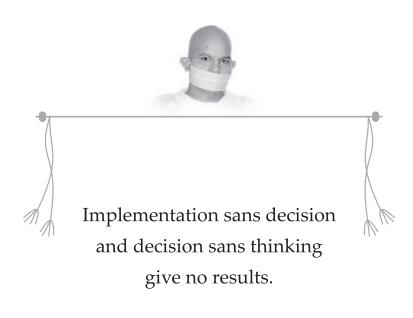




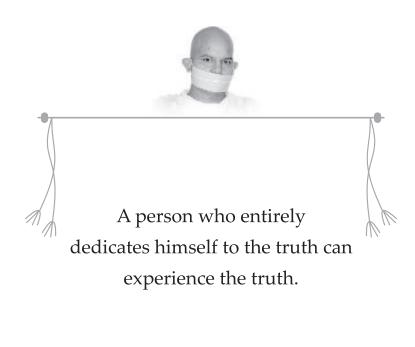




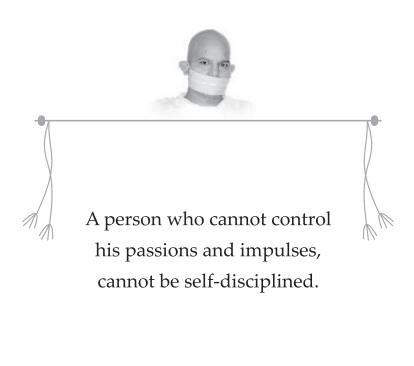




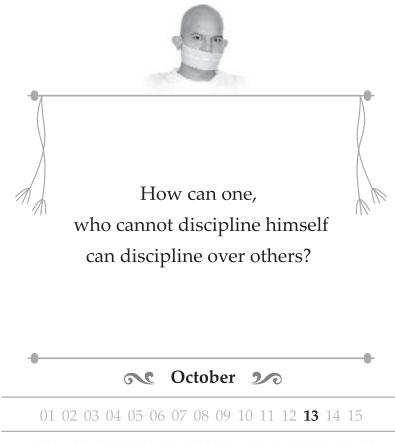


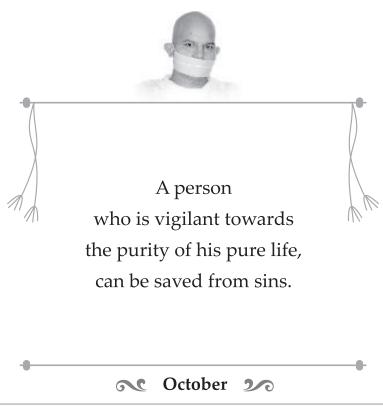




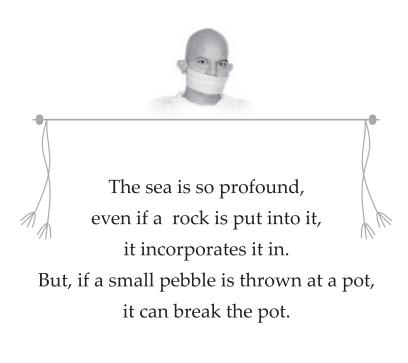




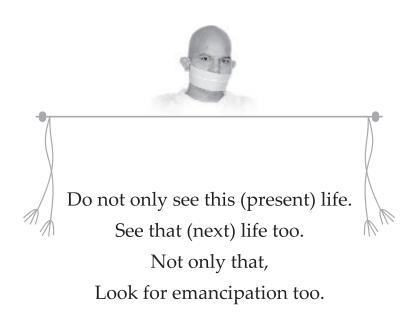




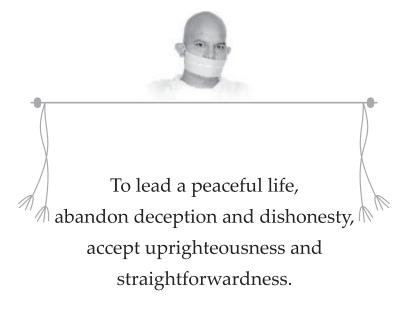
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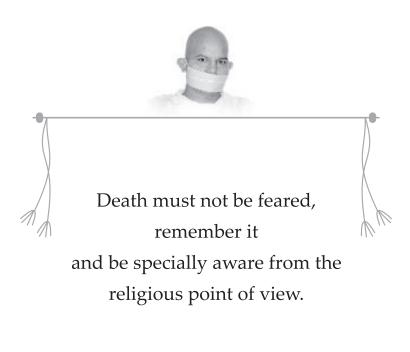








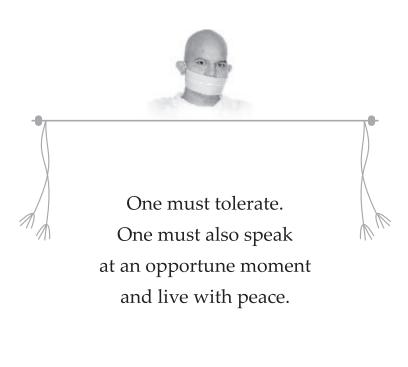




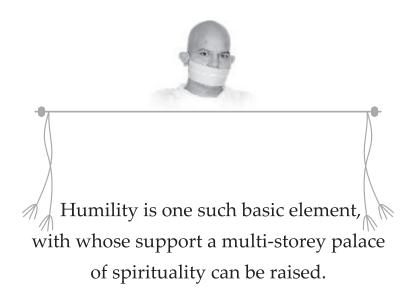




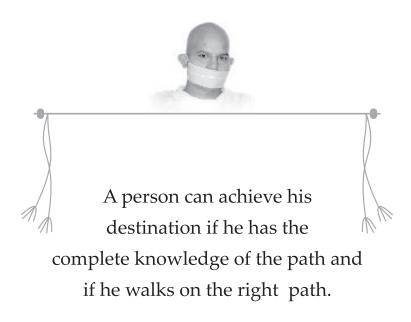




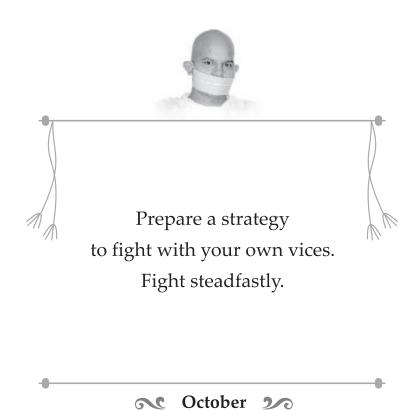




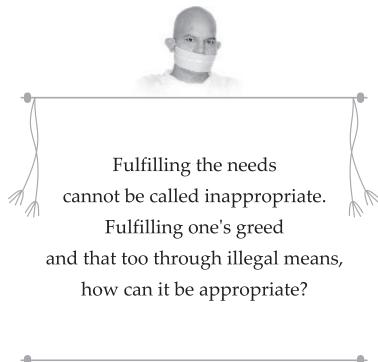








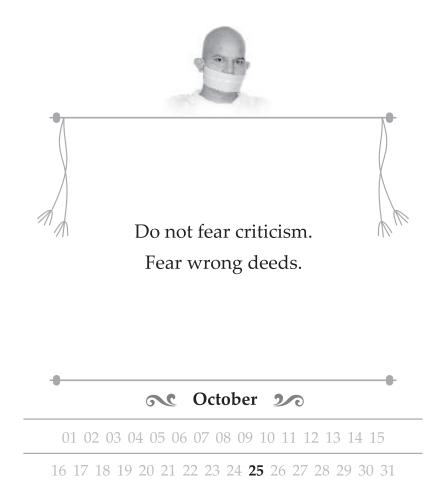
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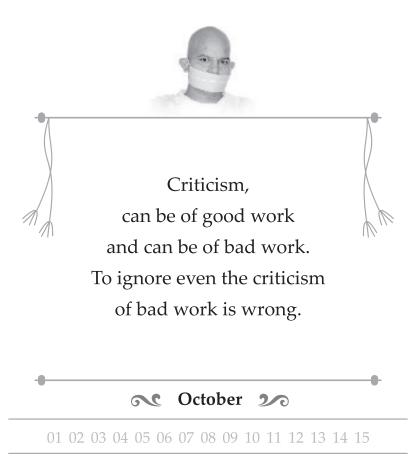


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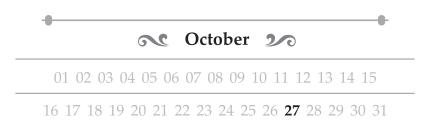
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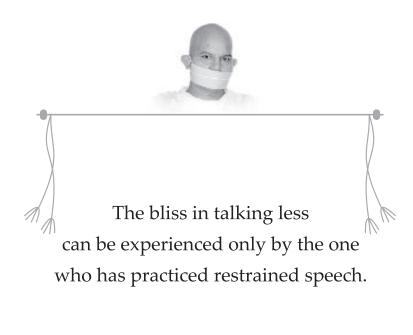
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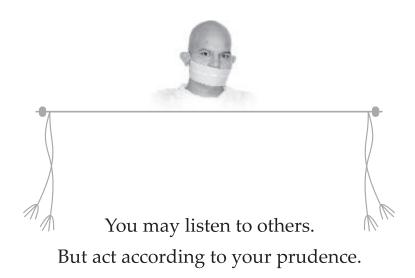


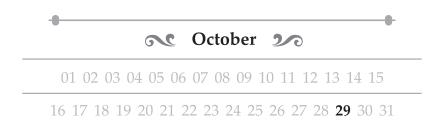


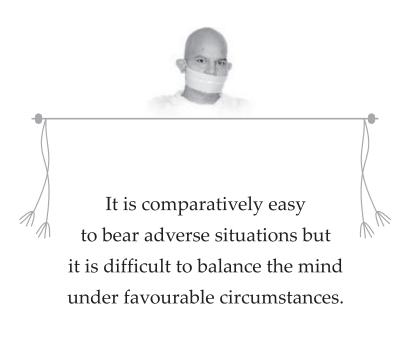










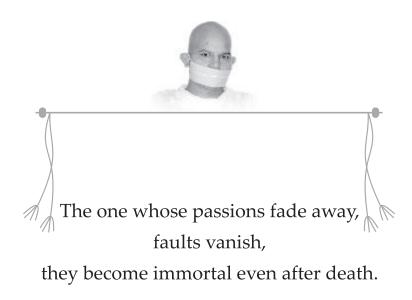


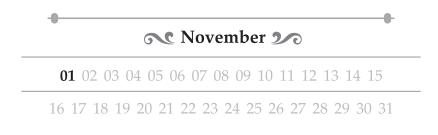


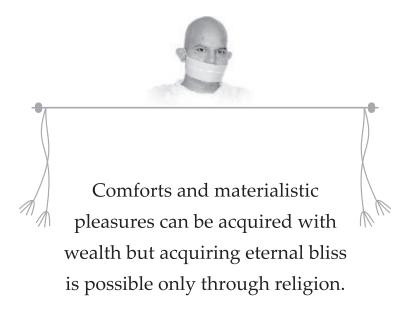


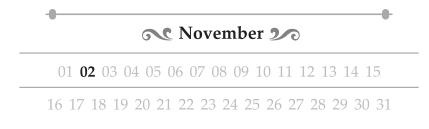


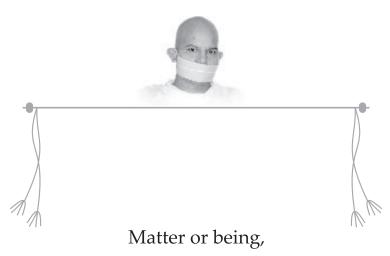






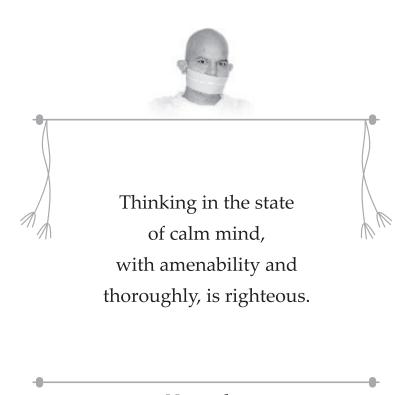






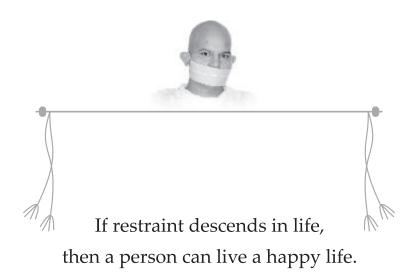
the one which is useful, is valuable.





November 2⁄2

01 02 03 **04** 05 06 07 08 09 10 11 12 13 14 15

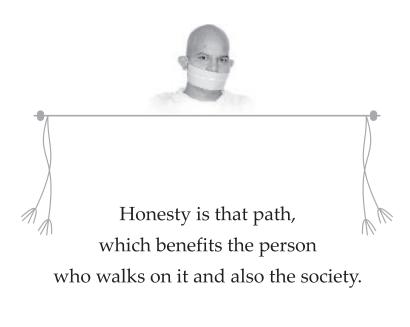




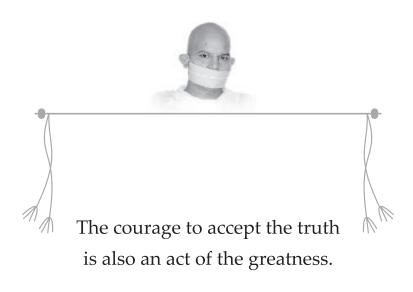
A person, on one hand knows that life is fickle and on the other hand in the context of religious practice his thoughts are "not today but tomorrow". "what an incongruity!"

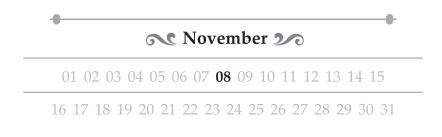
## November 2⁄2

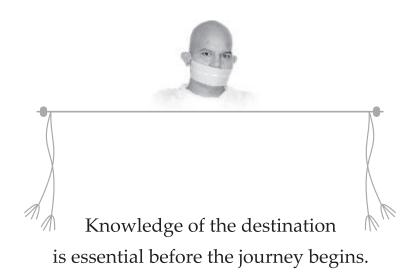
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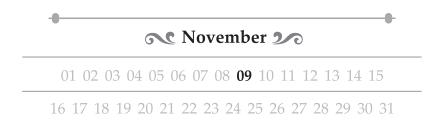


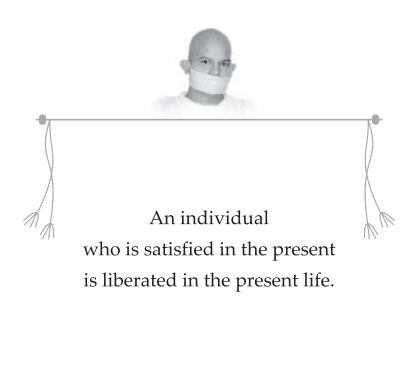






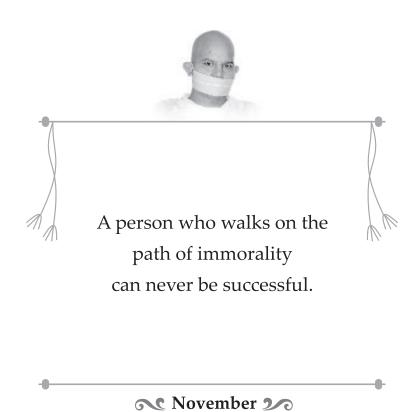




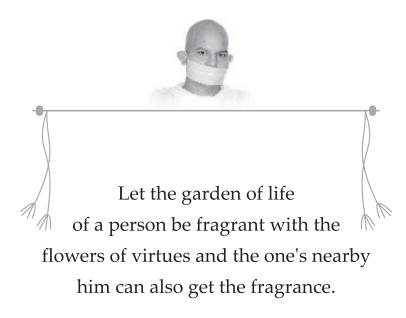


November 2⁄2

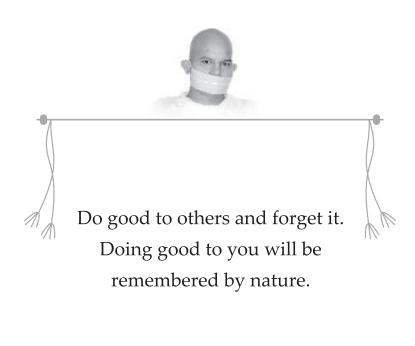
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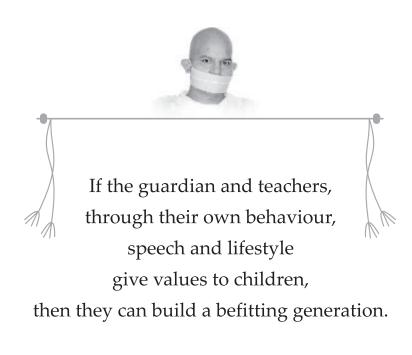




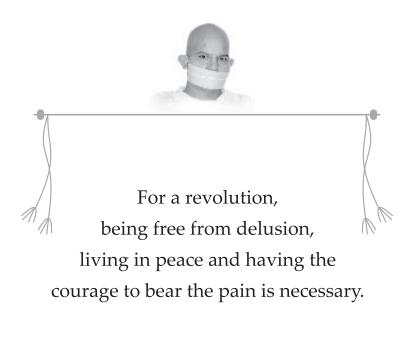


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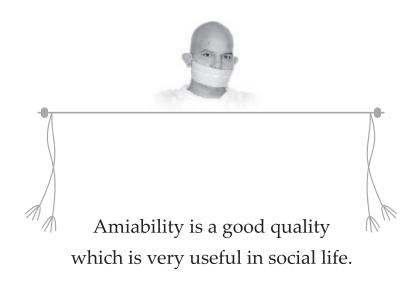
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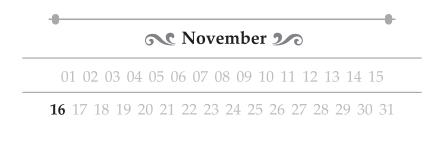


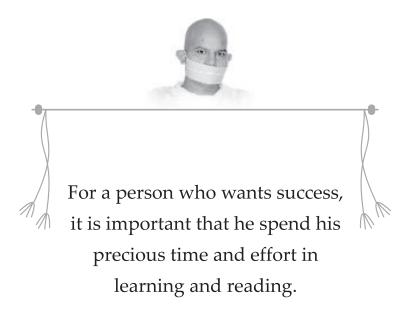
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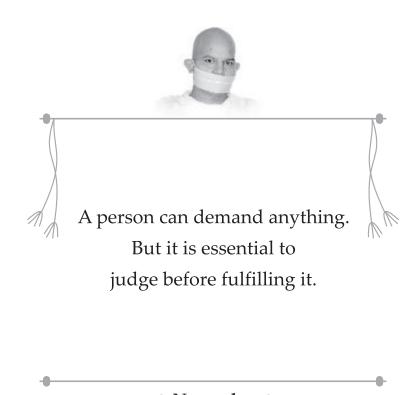




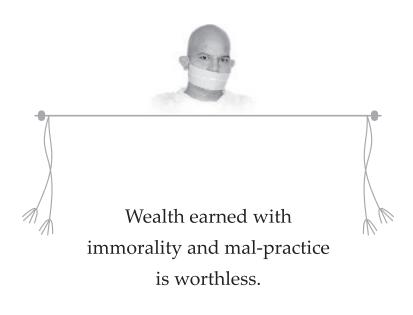
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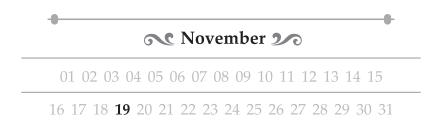
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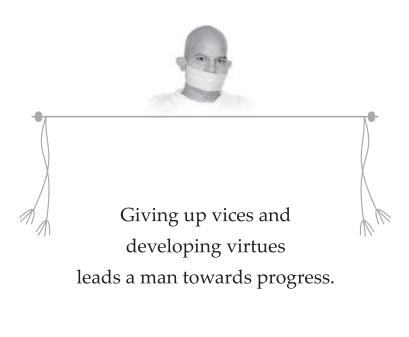
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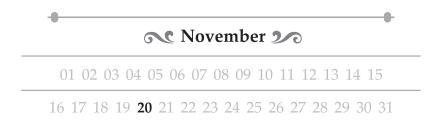


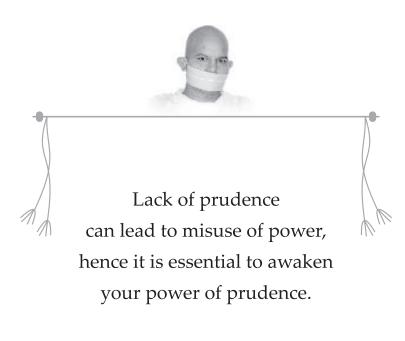




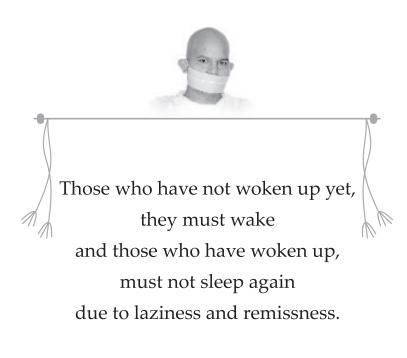






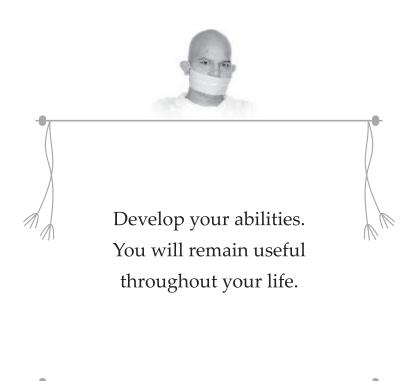




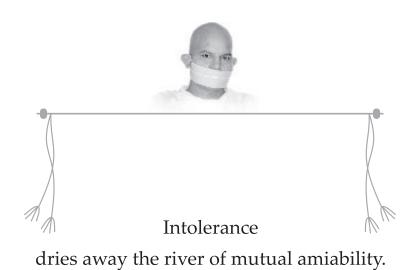


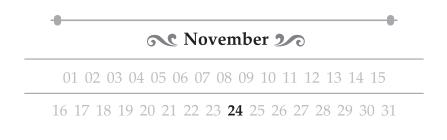
November 2⁄2

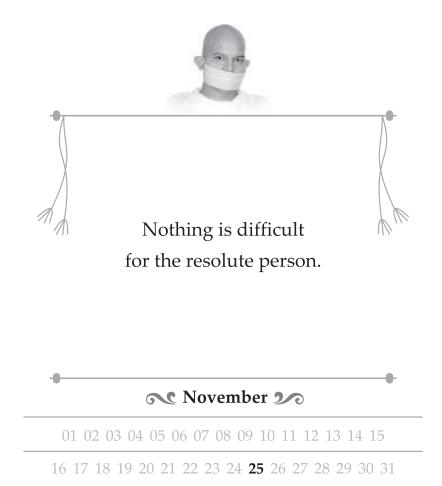
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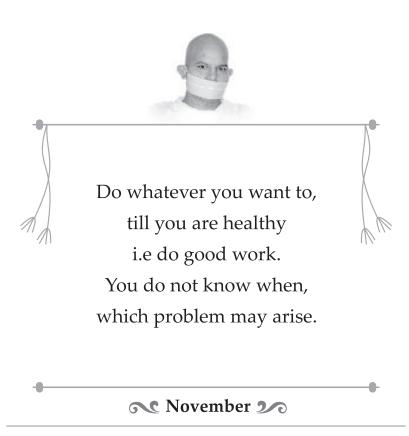


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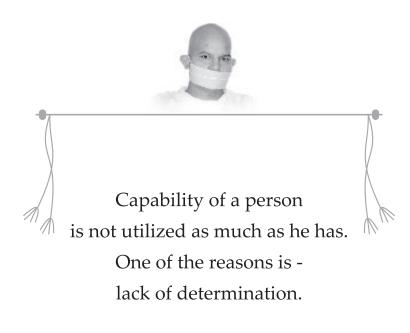




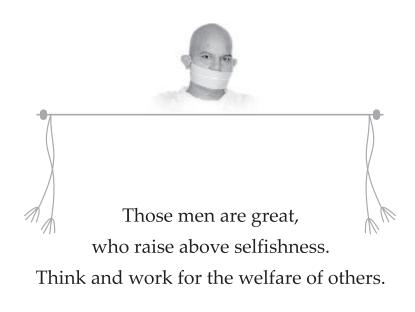


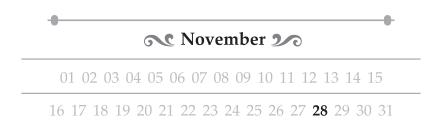


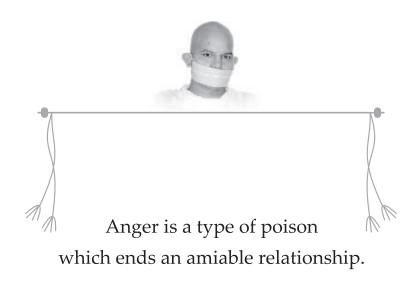
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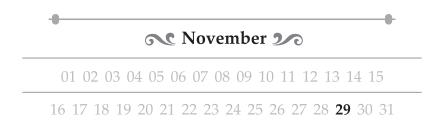


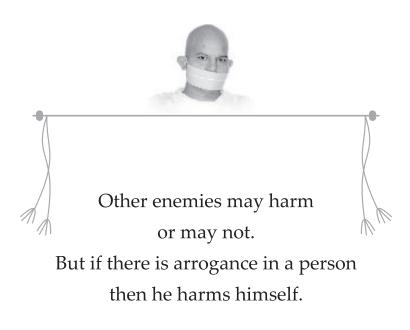
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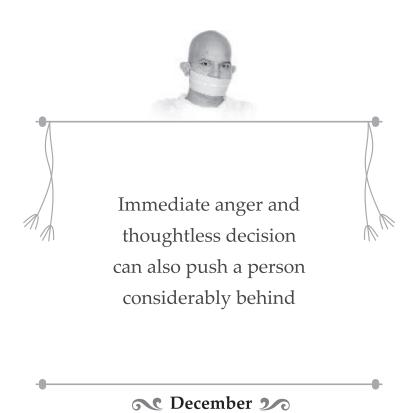




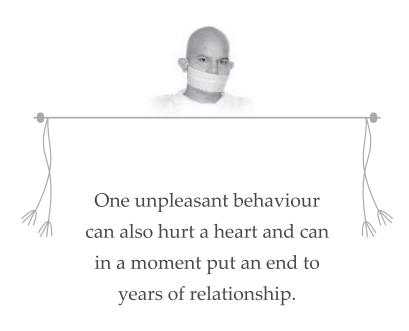


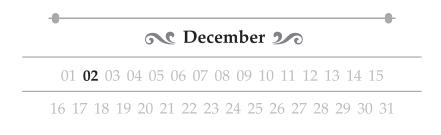


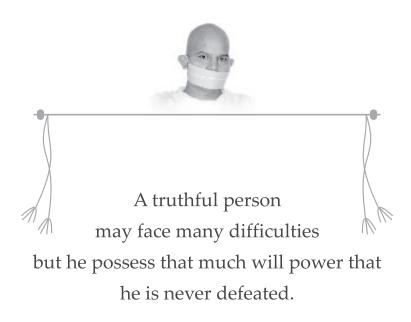


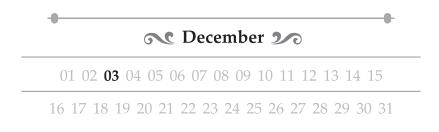


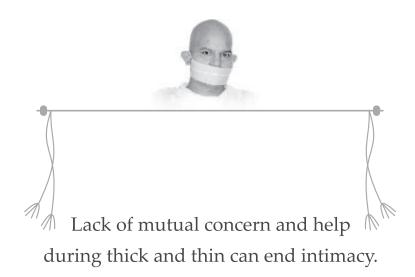
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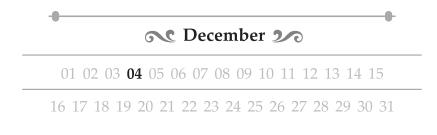


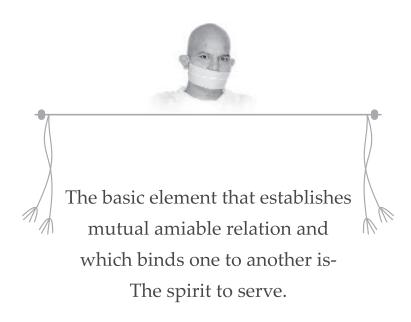






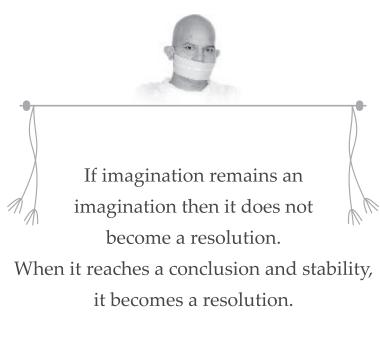




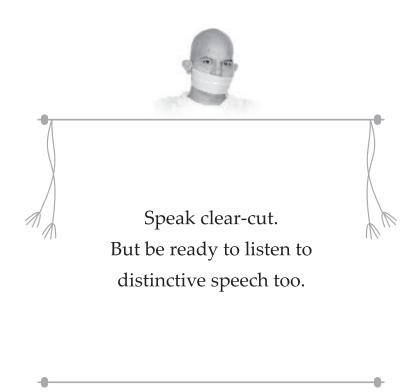


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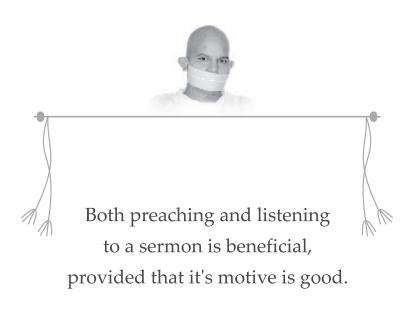


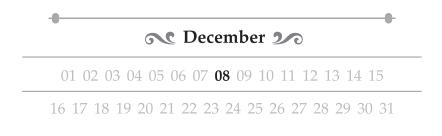


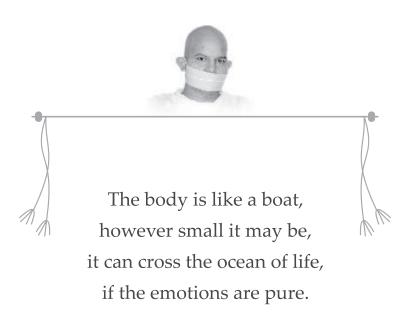


 C December 2/2

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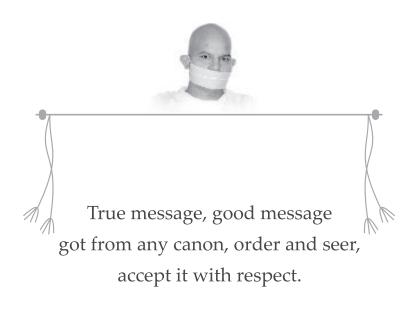


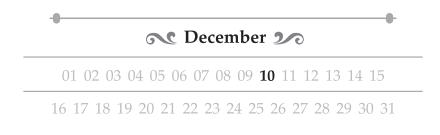


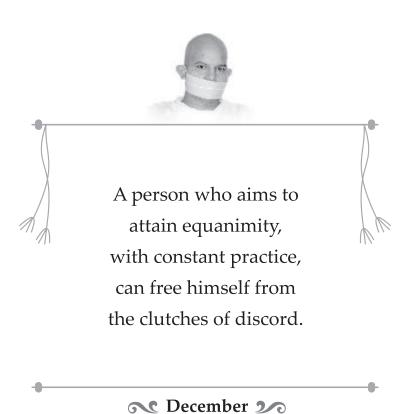
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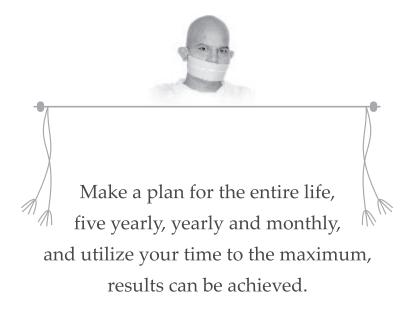
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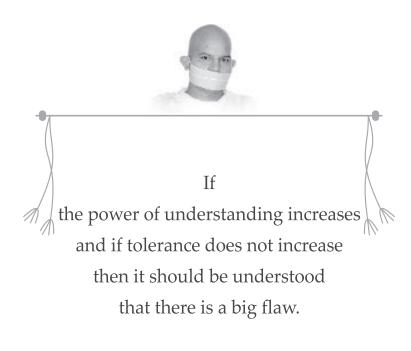






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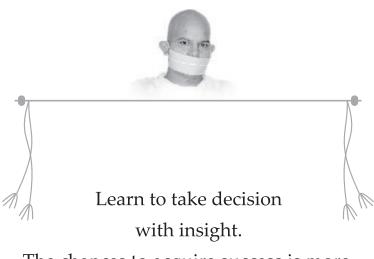




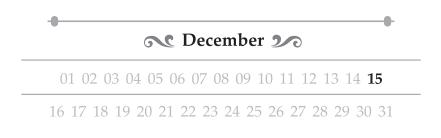
As much as attachment and licentiousness increases, sorrows would increase that much. As much as detachment and renunciation increases, that much spiritual bliss can be experienced.

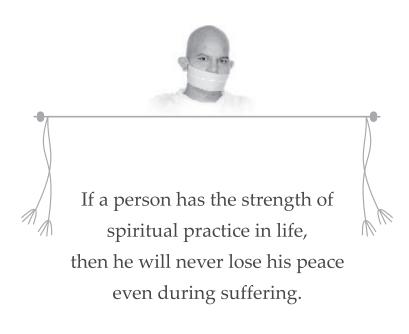
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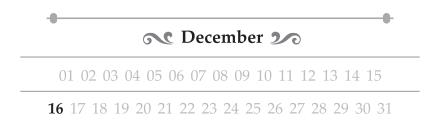
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The chances to acquire success is more.



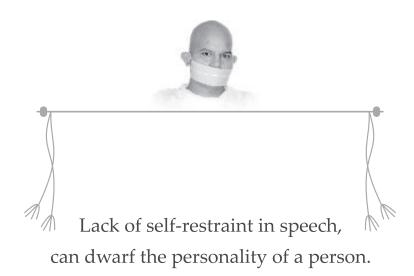


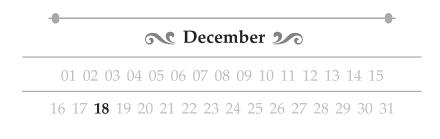


How can a high building be constructed on a weak foundation? If the thoughts are pessimistic and passive, then how can success be achieved?

N December 200

 $01 \ 02 \ 03 \ 04 \ 05 \ 06 \ 07 \ 08 \ 09 \ 10 \ 11 \ 12 \ 13 \ 14 \ 15$ 





A youth who is determined, courageous and has the will to do something, does not mould himself according to situation but knows to change the situation.

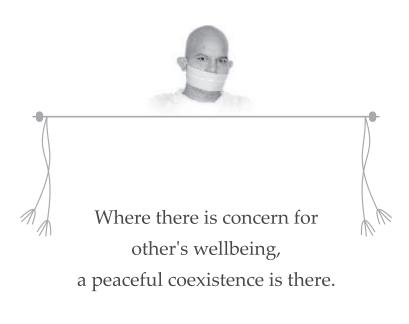
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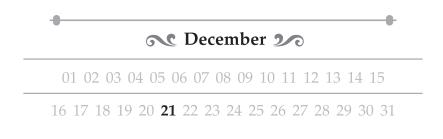
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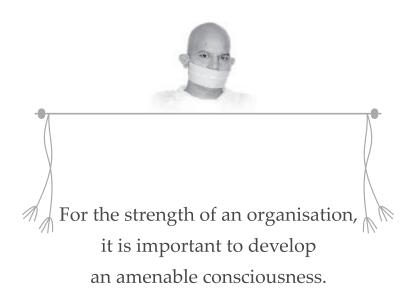
A person expects happiness. But true and permanent happiness can be acquired when a person practices equanimity.

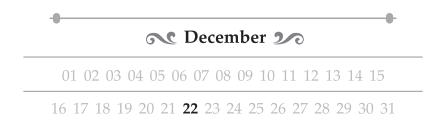
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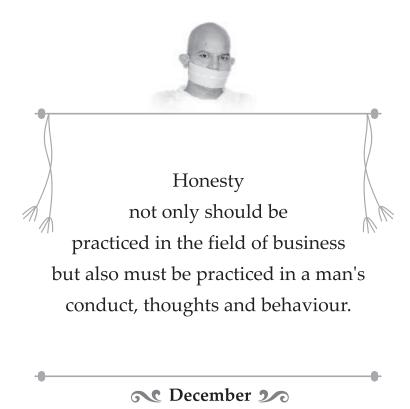


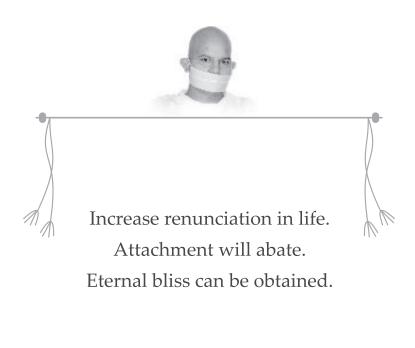


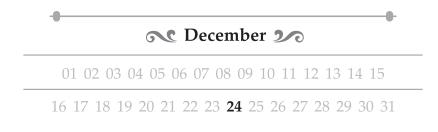




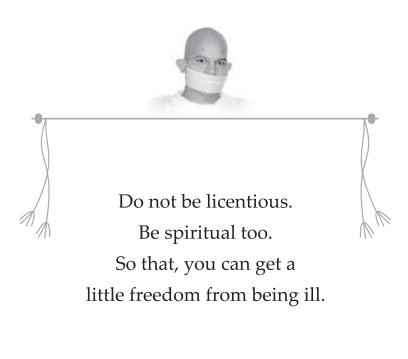
https://books.jvbharati.org





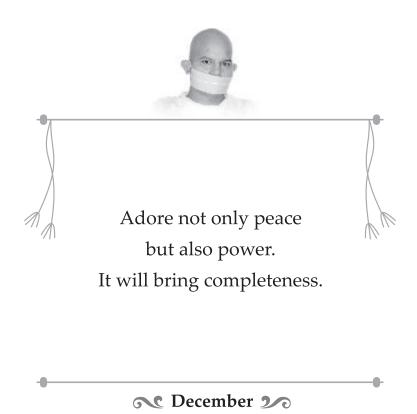


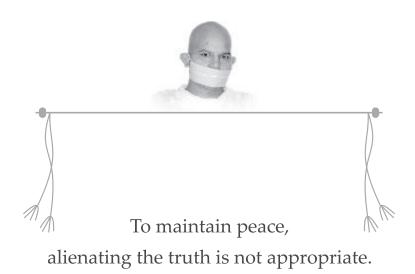
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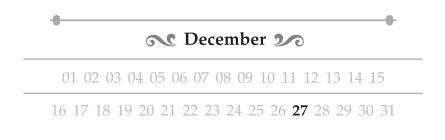


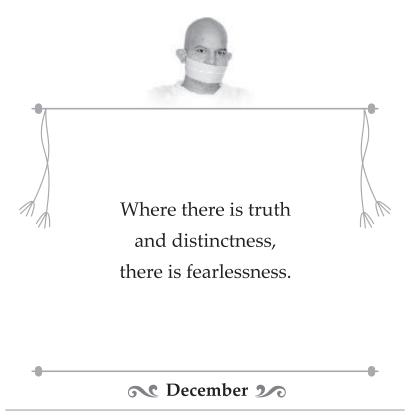
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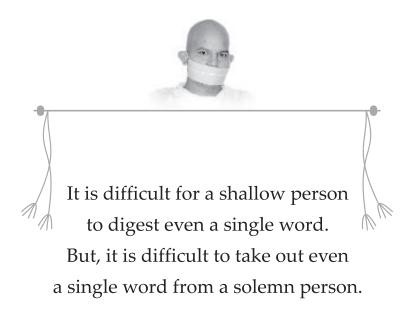


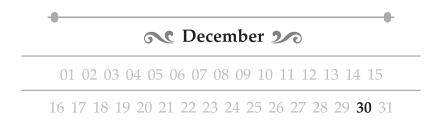


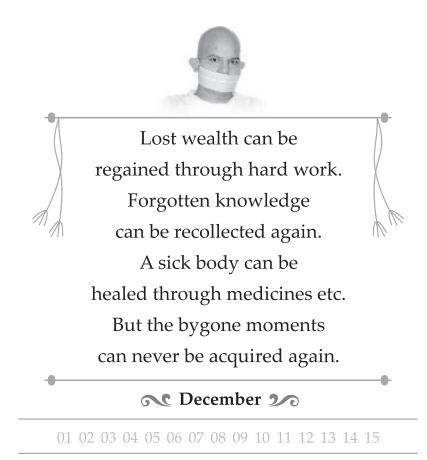


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## Acharya Mahashraman : An Introduction

Acharya Mahashraman is the eleventh Acharya of the Terapanth Dharm Sangh. Acharya Mahashraman is a austere ascetic, a powerful orator, an erudite scholar, a prolific writer, a social reformer and an exponent of non violence. Bereft of worldly desires, unattached, unperturbed, loyal, humble, full of spark, softspoken, generous and open minded are just some of the words that can be used to describe his inner self.

He was born in Sardarshahar, a town of Rajasthan on 13 May 1962, was initiated on 5th of May 1974 and was ordained as the Acharya of

the Terapanth Dharm Sangh after the propounder of Anuvrat movement Acharya Tulsi and Acharya Mahapragya respectively.

His work and actions reflect his ocean of knowledge, intellectual wisdom, subtle perception and far reaching insight.

He has inspired and awakened lakhs and lakhs of people by laying emphasis on human values such as morality, communal harmony, nonviolence and spirituality.

Acharya Mahashraman is working tirelessly on Anuvrat, Preksha meditation, Science of living, training on non-violence and on various other dimensions of human values thus helping people to lead a peaceful and restrained life in a world plagued with stress, turmoil unrest and violence.